



# GIANT ROBOT WAR!

SEE THE REAL-LIFE TRANSFORMERS



H2 whoa!

8 babes turn water into fine

# ZOO

*Estelle* **George** IS BACK!

...and she's so hot this mag should come with a free fire extinguisher



My secret?  
I do yoga once  
a week



WORLD'S

# HARDEST WORKOUTS!

HOW TO TRAIN LIKE A

- ✓ UFC FIGHTER
- ✓ STRONGMAN
- ✓ NFL PLAYER
- ✓ TOUR DE FRANCE RIDER
- ✓ BOXING CHAMP



*Good things fall apart  
so better things can fall together*



30

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ISSUE 486

Miss Hooters 2015

Arj Barker's Navy SEAL training

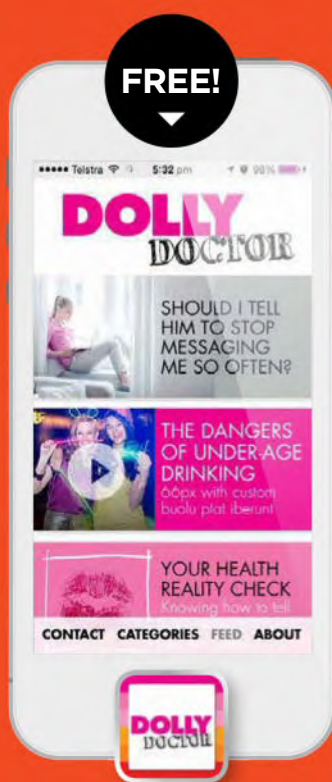


Oz's funniest licence plates!

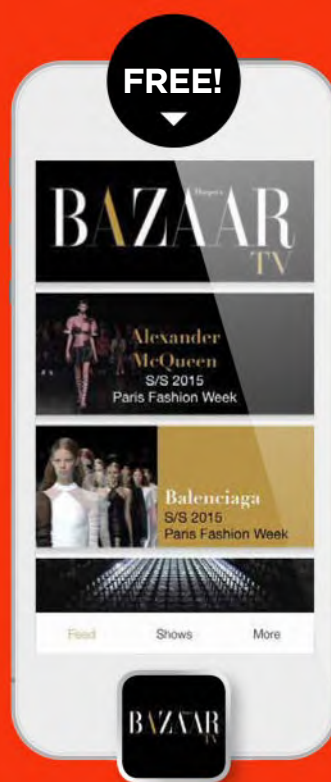




Cosmo TV



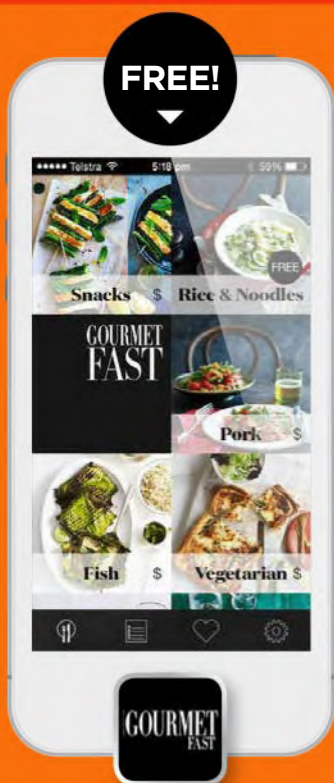
Dolly Doctor



Harper's Bazaar TV



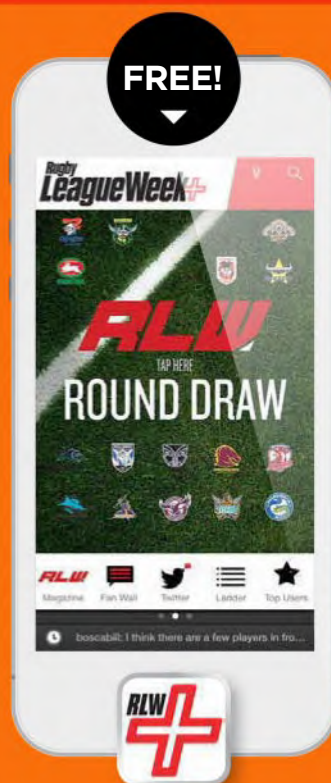
Gourmet Traveller Restaurant Guide 2014



Gourmet Fast



TV Week



Rugby League Week +



Cosmopolitan Australia

# GO BEYOND THE PAGES OF YOUR FAVOURITE MAGAZINES



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## GIRLS

➤ Mieke Dockley

# insideZOO

► ISSUE 486 JULY 27, 2015



## NEWS

➤ Giant robot fight



## FEATURES

➤ Wet babes



## SPORT

➤ Oz snowboard gun



## REGULARS

➤ Custom Ducati



## THE Z LIST

➤ Film, music, games



### WATER WAY TO GO

➤ No, this guy hasn't found a new way to cheat in the Tour de France. He's combining pushbike riding with flyboarding, which propels punters up to 15m into the air or 2.5m underwater with the help of a water jetpack.



I'm higher than George Michael

PAUL HESPICTURE/MEDIA



WATCH THIS WEEK'S HOTTEST VIDEO



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THE MOST  
IN-YOUR-FACE  
PICS OF THE WEEK

# SHOCK AND AWFUL

RECKON HE'S  
GOT THE POINT?



# Bullocks!

Bull has its last bit of fun at annual Pamplona bull run



Every year the festival of San Fermin rocks the Spanish city of Pamplona over nine days. That's 204 straight hours of dancing, drinking, and mentally deficient thrillseekers running an 850m street through the city each day at 8am, chased by six very angry sides of beef. Just three men have been gored and eight injured in 2015's Running of the Bulls, though two have died at other runs in Spain. One Pamplona casualty was Florida occupational therapist Mike Webster, because nothing says health promotion like being gored in the armpit by a beast that's on death row.





## TIGHTROPE WALKING 110 METRES UP!

Fresh air,  
slight chance of  
electrocution...  
what a job!



# Tower of power

If someone flicks the switch to “on”, these guys will go up in smoke



It's just another day atop the high-voltage power lines that pump electricity into China's Anhui province. Perched 110m above the ground, these workers crawl along like untrained tightrope walkers, saved

from certain death by nothing more than a thin lifeline. Then one of them grabs the wire, screams and pretends he's being electrocuted. The other three call him a dickhead and tell him he's out of the shout at the pub that night.

PICTURE: GETTY IMAGES





# STREET SMART

Estelle George is one person you'd love to meet down a dark alley









ESTELLE  
GEORGE



**It's been a while since you were last in the mag. What's been going on? Have you done any big modelling jobs, travelled the world, re-joined the Sydney Roosters cheerleading squad?**

Hey guys, good to be back! I did an awesome shoot with Wicked Weasel late last year, which was so nice. You've got to love being flown to Byron to shoot! I'm lying on my hotel bed in the US as we speak, so yes, my travels have well and truly begun! As for my beloved Sydney Roosters, I've been getting up anywhere between 3.30am and 5.30am to watch the Chooks and of course the State of Origin. Let's not get into that! [Laughs]

**Half your luck being in the US! Did you do that just to get away from the cold and cut loose for a while, or have you found work over there?**

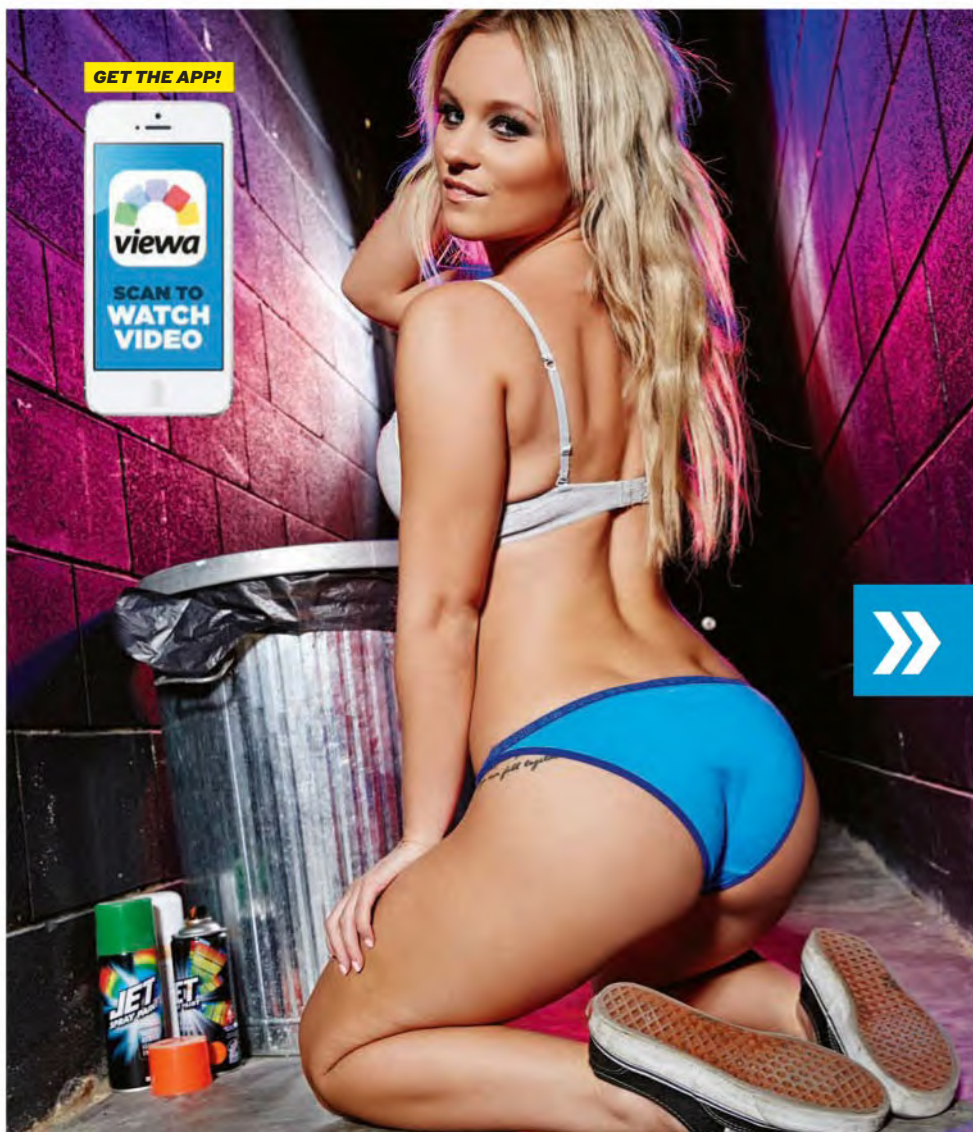
This trip has been in the making with my best friend for eight years now so it's amazing to finally be here! We definitely did it to escape the cold, cut loose and to also experience life on the other side of the world. I hear my fellow Sydneysiders are having a crazy cold snap, thank God I'm not there! I may have a shoot in LA but it just depends if the timing is right.

**Is it the first time you've been to the States?**

I've been to Hawaii but this is my first time on the mainland and I am absolutely loving it. It's so awesome to be here, and I'm leaving for Vegas tomorrow. The clubs here are a million times better than any I've been to on the east coast of Australia. They just know how to party here!

**How are the American men treating you? Are they making a bit of a fuss?**

I didn't think it possible for men to be sleazier than what I've experienced, but it definitely is! The amount of

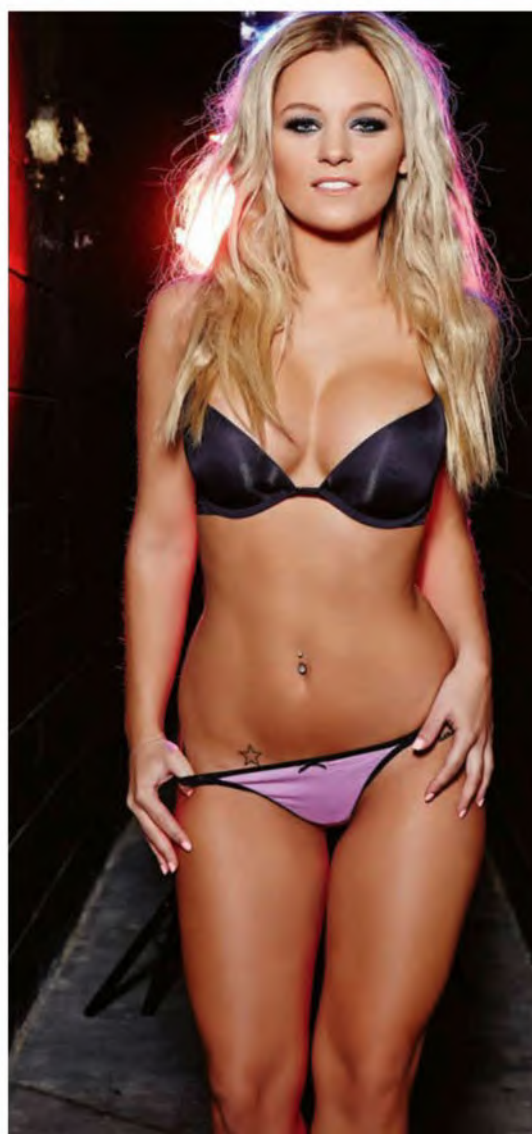




**ZOO**

**ESTELLE  
GEORGE**

TO SEE  
MORE STUNNING  
BABES, GO TO  
**INTHEZOO**  
**.COM.AU**





times I've had guys walk past me and stare at my chest and proceed to keep staring as they walk past — even to the point where they turn their heads to continue to stare — is ridiculous! Take a picture, it lasts longer! [Laughs] Or just check out this issue of ZOO. Maybe I should let them know that next time!

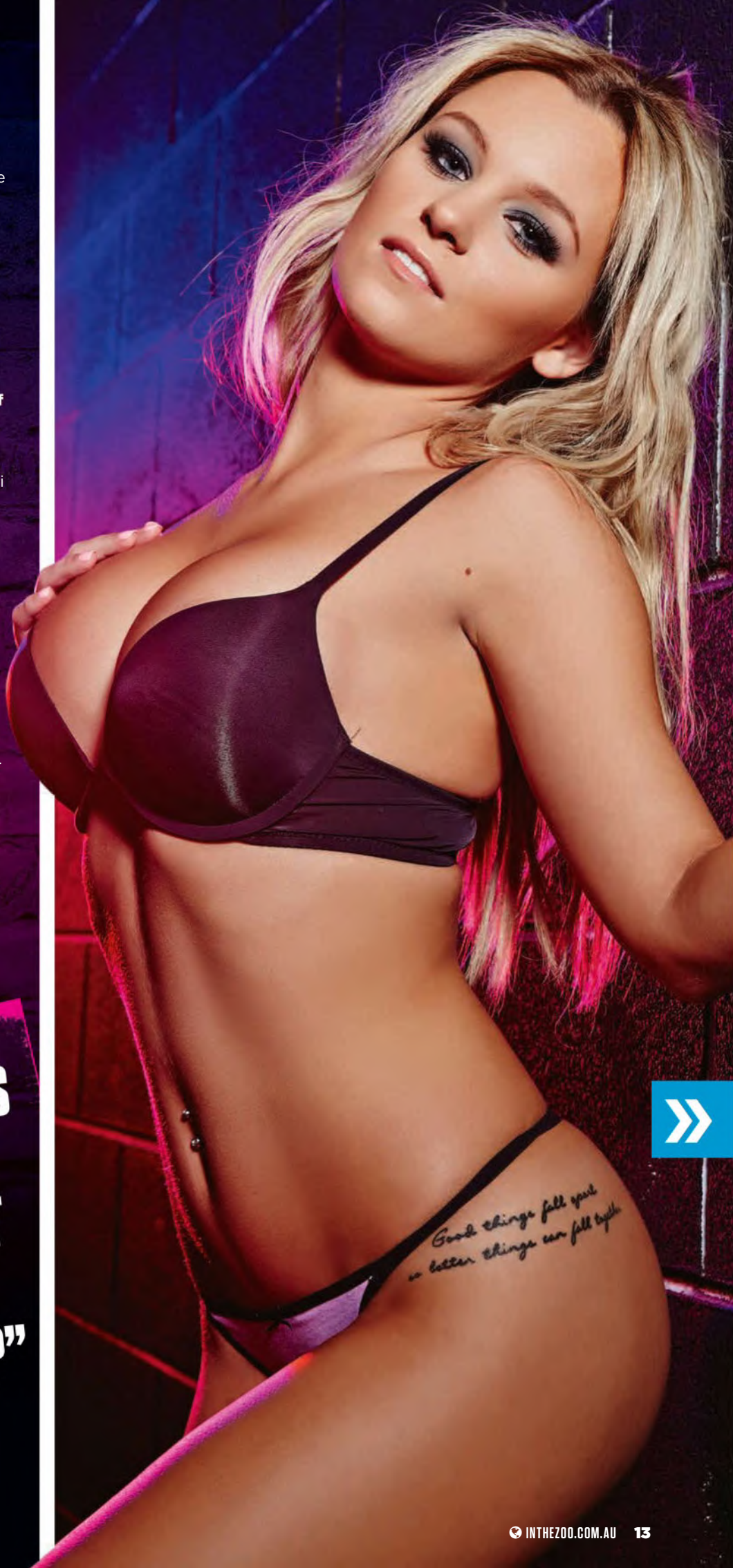
**Please do. We checked your Instagram and there's a shot of you getting out of a pool at night without a top on. Got a story to share about that?**

Ah, what a fun night out in Miami that was! It's always been on my bucket list to go skinny-dipping in a pool other than my own, so after a very late drunken night out at an amazing Miami club I decided to head down to our pool and set myself free in the heat at 4am and go for a swim!

**How do American guys compare to Aussies?**

Aussie guys are definitely better! I mean, some American guys are very lovely, don't get me wrong, but I definitely prefer my Aussie men. I must say, though, I had a guy try to pick me up at a Starbucks in New York and while he wasn't my type, the way he went about trying to get my number was by far the nicest way I have ever experienced! I didn't give him my number, though.

**"IT'S ALWAYS BEEN ON MY BUCKET LIST TO SKINNY DIP"**







PICTURES: JAMES EVANS/BAUER MEDIA SYNDICATION; HAIR/MAKEUP/STYLING: DANA CASE

**What do you like most about the States?**

I love the weather here, the vibe, the beach in Miami, the fact there's always something to do in New York, and I'm sure I'll be able to name many more things once I've been to Las Vegas and Los Angeles.

**We shot you in a dark alley this time, and in some of the shots it looks like you're ready to graffiti it. Have you ever done anything illegal — or even just a bit cheeky — in an alleyway?**

I tend to stay away from alleyways, especially at night!

**If you had to walk down a dark alley one night, who would you want with you?**

I would love to have John Cena walking with me, not only is he a hottie but he would keep me safe.

**If you were going to spray paint something on a wall, what do you think you'd go for? UP THE MIGHTY ROOSTERS, perhaps?**

YTRG (Yeah the Roosters Girls) in red white and blue! [Laughs] I go to every home game and as many away games as possible with a group of girls who love the Roosters as much as I do! We get very into our footy!

**“THE  
AMOUNT OF  
TIMES GUYS  
STARE AT MY  
CHEST”**





**ESTELLE  
GEORGE**





# news



## How the world's **BIGGEST DRUG LORD** busted out of jail!

Mexican cartel boss uses high-tech tunnel to embarrass prison pinheads who promised he'd never escape

 The world has a new most-wanted man after drug kingpin Joaquín "El Chapo" Guzmán escaped from a maximum-security jail with help from a gang of cronies who built him a 1.6km underground escape route so amazing it probably looks a lot like the Sydney Harbour tunnel.

As head of the Sinaloa cartel, Guzmán is the biggest, baddest cocaine king of all time, establishing death squads that committed more than 1000 murders to shore up his empire. And he's on the loose thanks to an ingenious breakout plan that left authorities looking like 24-carat idiots.

Guards at Altiplano jail about 95km west of Mexico

City got suspicious last week when El Chapo disappeared from their 'no blindspot' surveillance system. By the time they got to his cell, he was long gone after leaving via a hatch built into his shower area (pictured).

That hatch led to a 1.6km tunnel that was fitted with PVC tubing for ventilation, electric lights, and contained tools and oxygen masks the drug lord's men used in its construction.

It even had a motorcycle that'd been converted to run on rails, for crying out loud. Authorities reckon the bike was there to ferry tools in and earth out during the build phase, and are investigating whether El Chapo used it to speed away to a half-built

house well outside the prison grounds.

It's not like the highly dangerous crim didn't have form when it came to prison breaks, either. In 2001 he bolted from another high-security prison by bribing guards so he could be smuggled out in a laundry cart and ferried to a waiting car. He wasn't recaptured until last February.

That horrible stuff-up made Mexico's jails an international laughing stock, and this new escape is just rubbing salt into the wound. A huge manhunt is underway but the all-powerful Guzmán has a good head start and a proven ability to elude the cops. Or just pay them off. Or just have them killed...





'Maximum security' jail that El Chapo escaped from via a fitted-out tunnel on a motorbike

Is this where El Chapo emerged into freedom? This hatch links to the tunnel from the prison

Fellas, we're taking a bath on this guy

El Chapo's a fan of tunnels — this was found in one of his houses by a Marine



## EL CHAPO AMMO

- He's a short-arse at just 167cm, hence the "El Chapo" nickname, which means "shorty"
- Despite running a huge empire, he can barely read or write
- After being jailed in 1993 he basically ran the jail, even getting an office from which to run his empire



- El Chapo's charged with murdering his competitor, Juárez cartel boss Rodolfo Carrillo Fuentes — a dozen hitmen shot him 500 times
- He's popular among Mexico's poor because he gives a lot of cash to charity. They even write songs about him, called *narco-corridos*
- In 2007 Guzmán wanted a steak, so he and his minders hit a restaurant and took everyone's phones away so they couldn't alert the cops. And then paid all their bills



- His Sinaloa cartel is thought to control most of the points by which drugs are smuggled from Mexico into the USA
- Respected business magazine *Forbes* magazine once estimated he was worth more than \$1 billion, ranking him as more powerful than the presidents of France and Venezuela





# Miss Hooters 2015!

Forget Miss Universe and lose your mind over the world's hottest fast food waitresses

**T**alk about a side order of extra sizzle with every plate! Hooters, feminism's favourite fast food chain, has crowned its two hottest waitresses from an impressive rack of 100 finalists.

Seppo Megan Pastorchik (pictured above, centre) took top honours and US\$30,000 as Miss Hooters International, while Pommy chick Lydia Hipkiss was named Miss Hooters World, which is bloody confusing.

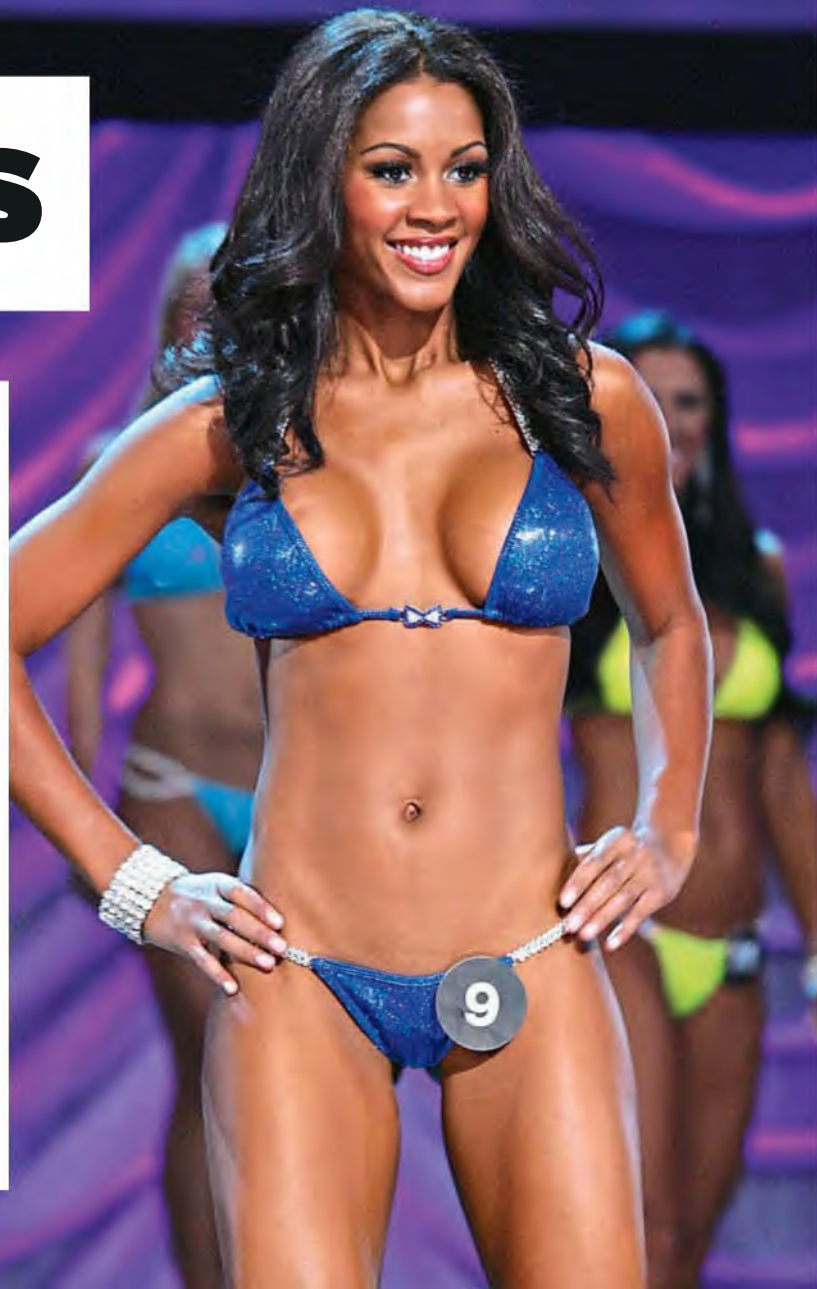
But that's just crying over spilled barbecue sauce and fizzy beer, as a

crack judging panel including the 2004 world quarterpipe champion and an ex-NFL running back sweated through the hardest job in showbiz.

Pastorchik's win at the Las Vegas Hard Rock Hotel & Casino is a welcome victory for last year's runner-up.

"When I hang up my orange shorts I'd love to continue working with Hooters in the marketing department," said the business student.

Sounds like the marketing department don't even wear shorts. What a company!







**WE'D TIP ALL  
OF THEM**








# Giant fighting ROBOT WAR!

It's Japan vs the USA in the battle of the real-life Autobots and Decepticons



 Just a couple of weeks ago history was made in a workshop in San Francisco, where the USA's first fully functional giant fighting robot was unleashed on the world.

And what did the geniuses at Megabots Inc., who created the Megabot Mark II, do as soon as the huge machine went

online? They challenged a giant fighting robot from Japan to a duel, of course.

And the Japanese said, "Bring it on!"

Now their machine, the mobile, heavily armed Kuratas, looks certain to take on the Yanks' creation in the near-ish future. The Megabot packs cannons that can fire 1.3kg giant paintballs at

about 190kmh, while Kuratas stands 4m tall, weighs 4.5 tonnes, drives around at 10kmh, and uses a range of weapons including miniguns that fire 6000 ball bearings per minute.

"We can't let another country win this," said a rep from the makers of Kuratas. "If we're going to win this, I want to punch them to scrap,

and knock them down to do it." And since the Japanese machine has a huge robotic hand, that's no idle threat.

All the two sides need to work out now is the location of the battle. How about the MCG at halftime of this year's AFL grand final? We'd give up a kidney to watch that.





水道橋! 俺たちには巨大ロボットがある。  
お前たちにも巨大ロボットがある。

## PACIFIC RIM JUST GOT REAL!

Great. Someone  
used the last of  
the toilet paper

Japan's giant robot,  
Kuratas, wants to  
"punch the Americans  
into scrap metal"




PICTURES GETTY IMAGES, WWW.MEGAFOTS.COM





# What a bunch of mad blunts!

Skilled stoners take dope-rolling to the next level. Even cops would be impressed... but probably not impressed enough to stop tasing you

 Pics of America's latest weed craze have surfaced online: smokeable sculptures for the budding artist who likes a choof and is fed-up with boring old rollies.

There have already been competitions in Denver, Colorado — the new spiritual home of US potheads

following dope's legalisation in the state — showcasing the best in "hash art and spliffgami", and the trend is spreading online.

How much of this is down to the influence of Snoop, who once boasted of smoking 81 doobs in a day? It looks like his contribution

to the head-spinning art movement is having a book of his song lyrics published on blunts so they can be rolled up and smoked.

There's a clip of Seth Rogen showing Snoop how to make a "cross" joint on YouTube. It's a great place for beginners to start, plus

smoking one will cut down on the time it takes before you and two mates go out hunting family-sized bags of Twisties.

From there the sky's the limit: there are helicopters, turkeys, planes, ready-packed pipes and a "420" slogan for the Christmas Day of weed smoking.



**ORIGAMI FOR WEEDHEADS**







### HOW TO GET RICH BY ROLLING DOOBIES

Fancy earning \$60k a year rolling joints? Then post your CV on #ICANROLL for Atlanta rapper Waka Flocka Flame, who's casting. Seth Rogen's already applied. Snoop announced applications for a \$100k, three-year contract for a "Wrapper for a Rapper" for him and his crew. They closed in April.



This weed-filled plane would go up in smoke faster than a crippled Malaysian Airlines flight



zoo  
news

HE'S BEEN STUMPED



## "I'm unarmed!"

Amazingly chilled worker rests up after getting a limb ripped off!

A worker who lost his left arm in an accident is now China's toughest dude after sitting and waiting patiently for an ambulance to turn up.

The unnamed man had his limb wrenched off by a wire caught by a passing bus while he fixed cables in the city of Nanning. His colleagues found the arm,

which was taken to hossie along with the somehow still conscious victim.

"It all happened so fast," said a witness. "The bus pulled the cable which looped around his arm and ripped it off... he was just looking at the place where his arm was." Doctors have reattached the limb, and hope it'll be a success.







# Oz's funniest licence plate!

Victorian genius gets wank-related  
vanity plates past the authorities

PLATES  
**ZOO**  
WOULD  
LIKE TO  
SEE

At least you'll be able  
to laugh at your next  
speed camera snap if  
you get one of these...



Victorian motorists and pedestrians have been laughing their arses off at a gem of a licence plate that made it past the killjoys at the state's peak motoring body.

Getting approval wasn't a problem for Daniel Van Der Horst, whose blue Holden with the plate "FAP2IT" has been cruising the Victorian streets for a few months.

"Who's it offensive to?" he asked, adding that dozens of people stop and take photos of the car every day. "It is purely for the purpose of making people laugh."

VicRoads exec Adrian Tofful said all plates are manually checked before being issued, but "FAP2IT" would be reviewed and could be recalled.

"It's occasionally necessary

to reject or withdraw certain combinations if they are deemed inappropriate," he told a reporter.

VicRoads refuses dozens of plates a year, with previous no-nos including "4.KORF", "ICE DLR" and "COP8TR".

Around Australia the rules seem to be flexible, with the following crackers seen on the roads: "CUNNOX", "1SQUIRT", "LVSLTS", "BUGRU2", "OLDICK" and "BLOJOB". Dicier are ANIGAV (just imagine seeing it reflected in your rear-view mirror).

VicRoads offers a handy online tool for road users to put variations of rude words in for available licence plates in the state of Vicco, so we can report "TITTEZ", "VAGINE" and "MING3" are all available. However "MINGE"

are banned, as are "HAIRPI" and "F\*\*KER".


"CLUNGE" is also unavailable, which is bad news for fans of TV's *The Inbetweeners*.

Canadian authorities have rejected plates reading "STOLEN", "WUTANG" and "YANKEE", while those wacky folk in the US state of Georgia tried and failed to get "ASSASSIN", "FUNSEX" and "INCEST" across the line.



# Bungee jumping — with **NO HARNESS!**

Stuntman's hold-and-release leap makes history

 Even if you strap yourself correctly into a bungee harness, accidental side-effects can include whiplash, eye damage, near strangulation, a stroke or death.

So when British stuntman Damien Walters attempted a 15-metre "hold and release" jump without any safety gear, only holding on to the loop with his hands, you'd be forgiven for thinking he was a few Tomics short of a tiebreak.

But he pulled it off, uninjured, in what's been claimed as the first ever such feat. "Most definitely one of the most scary things I've done in a long time," said Walters, 33, in his only comment.

The video of his achievement's not helped by editing which looks as if it was performed by a drunk Stevie Wonder, featuring more slow-motion sections than Nick Kyrgios chucking a game of tennis.

But Williams, whose descent may have been slowed by his giant balls of steel, had to time his release perfectly. Too early or late and he could have slammed into the ground or been pinged back into the air with his arms being stretched like that chick from *The Incredibles*.

As it is, he judged the release point perfectly, just at the moment when he'd slowed to a halt, and just before he'd start heading upwards — letting go, and bouncing into a neat forward somersault off the landing mattress.

Not that you'd expect much different from the man who also performed the first human loop-the-loop.



GET THE APP!





# DRIVEBY

THE HOTTEST NEW WHEELS EVERY WEEK

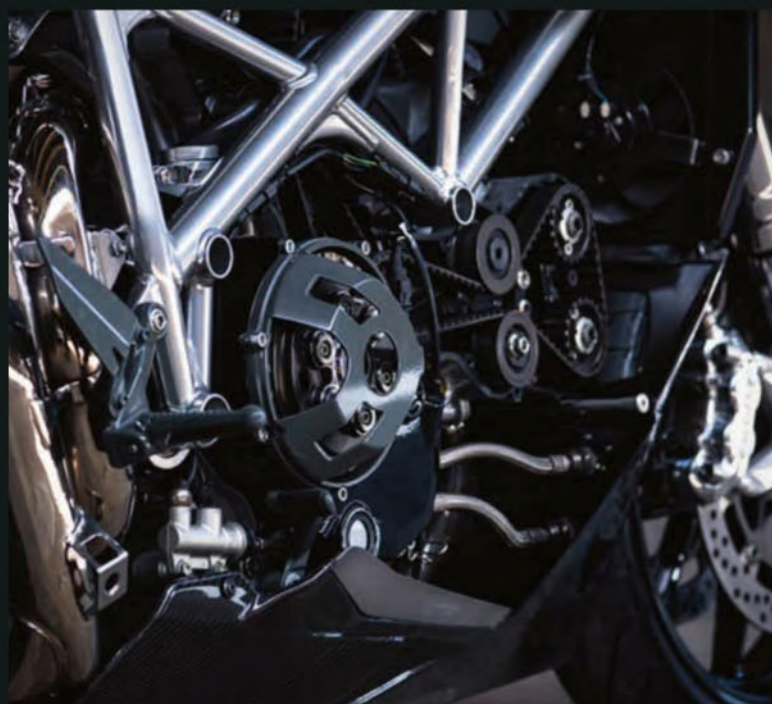



**MORE TANK THAN  
NICK KYRGIOS!**

# 90 per cent engine!

Riding this custom Ducati would be like taking a solid-fuel rocket booster for a spin





 This 2009-spec Ducati 848, dubbed “Le Caffage”, has been messed with more than a roomful of children at a party thrown by Michael Jackson. The radical rebuild is courtesy of LA-based cinematographer

Gustavo Pena from Apogee Motorwork. He envisaged something futuristic with neo-classic style: “As if Ducati produced a bike in 2050 paying homage to a bike from 2030.”

Two things really stand

out like dogs’ balls on this beast of a bike: the giant motor and that menacing LED headlight, which takes inspiration from a “lion, a bull or a shark”... or maybe his Russian girlfriend’s razor-sharp cheekbones.

The 848 engine’s upgrades include titanium valves, bolts and fasteners, while much of the frame is carbon fibre ‘cos it looks good and doesn’t weigh down on performance. Ask Pena nicely and he might make you one... for a price.



# JOKES

● An undertaker named Bob has just come home with a black eye.

"What happened to you?" asks his wife.

"I had a terrible day," replies Bob. "I had to go to a hotel and pick up a man who had died in his sleep. When I got there, the manager said they couldn't possibly get him into a body bag because he had this huge erection," Bob explains.

"Anyway, I went up and, sure enough, there was this big, naked guy lying on the bed with a huge tent pole. So I grabbed it with both hands and tried to bend it in half."

"I see," says his wife. "That must have been awful, but how did you get the black eye?"

Bob replies, "Wrong room..."

**SCOTT, VIA EMAIL**

**Q: HOW DO YOU STOP A MAN FROM DROWNING?**

**A: YOU SHOOT HIM.**

**LACHIE, VIA EMAIL**

● A man walks into a bar and sees two fat women. They've obviously been drinking a lot, and they're speaking loudly with very heavy accents.

After an hour he becomes annoyed with the noise, walks over to them and asks, "I'm sorry to interrupt, but are you two ladies from Scotland?"

"Wales, you idiot!" shouts the fattest one.



**Donald Trumpet**

"I'm sorry," he says.

"Are you two whales from Scotland?"

**MAGGIE, VIA EMAIL**

● My doctor encouraged me to masturbate more often. Well, he actually said I could have a stroke at any time.

**J.Y., VIA EMAIL**

● Two middle-aged men sit on a park bench and talk about what they think heaven will be like. As a baseball lover, one man says to the other, "I really hope there's baseball to be played in heaven! That would make everything worth it."

The other man replies, "It sure would. I haven't been able to play baseball in years, but would love the chance to play in paradise."

Tragically, the next day one of the men has a heart attack and dies. Devastated, his friend returns to the same park bench and weeps for hours. That evening the man hears a voice saying, "Hey! It's me! Guess what?"

Thrilled to hear his old friend's voice, he replies, "Is that you? You gotta tell me what heaven's like!"

"Well, I've got some really, really great news, and I also have some not-so-great news. There *is* baseball in heaven," he says excitedly.

"That's the best news ever! What could possibly be the bad news?" his friend asks excitedly.

The voice responds, "You're pitching on Tuesday..."

**H.L., VIA EMAIL**



I once had an epileptic fit during my turn at a game of charades.

Everyone just kept yelling, "HOW MANY WORDS?" and "IS IT THE EXORCIST?"

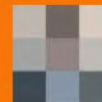
**@Diversion50**



Whenever anyone asks me where I grew up I point to a random

spot in the room and say "over there".

**@Home\_Halfway**



"I have parrot-like reflexes." "Don't you mean cat-like reflexes?"

"Don't you mean cat-like reflexes?"

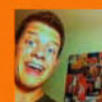
**@hrtbbs**



A soft drink is just a drink that needs a minute. Just give it a

minute, this has never happened to it before.

**@theshamingofjay**



If you zoom out during the opening credits of *Friends*,

you'll see that the security guard who protects that fountain is DEAD.

**@AaronFullerton**



Do you know what's more satisfying than popping bubble-wrap?

Popping bubble-wrap in your MOUTH!

While wanking.

**@rhysjamesy**



# JACQUES the RIPPER

ZOO's stand-up comedian heckles life every week



## HOW TO WATCH CHICK FLICKS LIKE A MAN

The last chick-flick/celebration of neurotic female behaviour I watched was some schmaltzy piece of Jennifer Aniston shit, and my review for that was pretty much, "This pistol barrel feels cold on my temple." But I got roped into watching *The Notebook* a few nights back, and I didn't mind it.

I did, however, get into a heated debate with the girl I watched it with, and if you haven't seen *The Notebook* yet, here's the skinny: set in

the '40s, Ryan Gosling plays a mill worker who falls in love with a super-rich dame. The whole story is about how he dedicates his life to her, and eventually, against her rich douchebag parents' wishes, marries her. The final scene is them as an elderly couple and she's got hardcore Alzheimer's, so she doesn't even know who he is. Every day he tells her the story of how they met and fell in love and for a split second she remembers him. It's sad and bleh bleh bleh...

As the credits roll, the girl goes, "I wish guys nowadays were as romantic as they were back in the 1940s." I knew she was shooting hard for the friend zone so my penis let me drop the hammer. I say, "She didn't get Alzheimer's overnight. Safe bet he's had at least five years to sharpen up the story. If you gave me five years of practice I'd make women gush harder than Noah's flood." I was pretty happy with the nail I put in the coffin: "I think the most romantic thing is the

fact the old guy never said, 'Traditionally Wednesday was our blowjob day... oh, would you look at that, today's Wednesday, what a coincidence.'"

Hollywood keeps pushing a relentless lava flow of these unrealistic romantic movies and us dudes are getting Pompeii'd 'cos we can't compete. I've got a decent arsenal of other valuable qualities, though: I'm a world-class big spoon, I'm sexually attentive, very generous and I'm rarely boring. But then some asshole writes a film script where the guy builds the woman a house and girls look at their man and think, "Why hasn't he built me a house?" THE STUDIO BUILT IT! You're f\*\*kin' killin' me, Hollywood...

So I've written a romantic comedy called *How was your Day?* and it's a 3.5-hour, one-way conversation where a woman unloads all the shit that happened to her at work and her husband, although an instinctual problem solver, knows she doesn't want

solutions, she just wants to be heard, so he listens, rubs her shoulders and makes her dinner. It's bromantic as fuck and out this summer/never.

I'VE WRITTEN  
A ROMANTIC  
COMEDY CALLED  
*HOW WAS YOUR  
DAY?*, A 3.5-HOUR,  
ONE-WAY  
CONVERSATION  
WHERE THE  
WOMAN UNLOADS



## JACQUES' COCK IS ON tinder



I borrowed a girl's phone and took over some Tinder convos for her...

### UNSUSPECTING DUDE:

Hmm, how to get your attention without losing my cool... whoops, did I just send that?

### Me: Google translation:

"Hmm, how to get my penis into this girl without her knowing I'm a douche canoe, whoops, I'm a beta male."

### Unsuspecting dude:

Damn you, Google, always one step ahead. Translate this: "I have a nice car and an eight-inch penis."

Me: "I sometimes rent a car and I have an eight-year-old's penis."

### Unsuspecting dude:

Ha ha... "I'm going to a house party tonight, would you like to join me?"

Me: "I'm going to a house party tonight, would you like to go, find a far hotter guy, blow him in the master bedroom, then steal some jewellery before you leave?"

### Unsuspecting dude:

That's rude.

Me: That's Google, and Google never lies.





# WORKOUTS — THAT COULD — KILL YOU!!



THESE EXERCISE PROGRAMS SHOULD COME WITH A HEALTH WARNING AND A DEFIBRILLATOR...

## PUTTING THE IRON INTO IRON MIKE

🔴 Anyone who's seen Tyson's early work knows he was a freakishly gifted fighter. But he also put in the hard yards and worked out like a maniac. Here's his early training program, which he did seven days a week, before he started making millions, getting into drugs and buying tigers. ZOO needed to be put in an oxygen tent just because we read the thing...

**5am:** Get up and go for a 5km jog

**6am:** Come back home, shower, go back to bed

**10am:** Wake up, eat oatmeal

**12pm:** Do ring work (10 rounds of sparring)

**2pm:** Have another meal (steak and pasta with fruit juice)

**3pm:** More ring work (mitts, heavy bag, skipping, shadow boxing, speedball) and 60 minutes on the exercise bike

**5pm:** 2000 sit-ups, 500-800 dips, 500 press-ups, 500 shrugs with a 30kg barbell, and 10 minutes of neck exercises

**7pm:** Steak and pasta meal with fruit juice

**8pm:** Another 30 minutes on the exercise bike then watch TV and go to bed (with a possible cheeky wank thrown in at the end)





## HOW TO RUN 271KM THROUGH DEATH VALLEY

▶ America's Death Valley is the perfect place to hold a trek that'd kill the world's fittest camel; the lowest, driest and hottest part of the US, where it's reached 56°C. The Badwater 135, AKA the world's toughest foot race, snakes through three mountain ranges with 4450m of incline to climb. Anyone thinking of competing should A) get their head read, and B) train

like 10 bastards. Preparation isn't about speed or distance, but time spent on your feet. Over about four months it's recommended that ultramarathoners run five days a week for up to five hours a time, alternating walking and jogging. And to simulate conditions in the Badwater, they should do all of that in a blast furnace. While wearing ski gear. And long johns.



## THE NFL'S MEANEST MAN STAYS SHARP AT 37

▶ Pittsburgh Steelers quarterback-killing linebacker James Harrison is ancient for an NFL player, yet he's still regarded as one of the most feared men in the game. The fact he's a titan in the weights room probably helps. Harrison frequently posts insane workout videos and pics on Instagram, like the

day he pressed a 62kg barbell with one hand, smashed out 454kg squats, 227kg behch presses, or put on a thick tracksuit and did sprints when the ground temperature was 87°C. And if that didn't do it, vision of him doing push-ups while a 136kg teammate lay on his back definitely should.



## MEET THE MOST INSANE SWIMMER EVER

▶ In 1998 Ben Lecomte became the first person to swim the Atlantic Ocean without a kickboard. It took him 73 days. For his next trick he wants to swim from Tokyo to San Francisco, roughly 8000km, which means churning through the brine for eight hours a day for five months. He trains three to five hours a

day, five to six days a week, to get in shape for what sounds like a slow way of committing nautical suicide. Think of it this way: sitting up at a desk watching YouTube videos for that amount of time will tire out most people. Walking for that amount of time would land a lot of people in a doctor's office.







116KG  
DUMBBELLS!

## MORE POWERFUL THAN A LOCOMOTIVE!

❖ Hafthór Björnsson, who played the giant, skull-crushing knight Gregor "The Mountain" Clegane on *Game of Thrones*, stands 206cm, weighs 190kg, kills it in the World's Strongest Man competition, and earlier this year he carried a 650kg log on his back for five steps. You don't get in that sort of shape by doing aerobics classes — you do it like this...

### MONDAY

**Squats:** 3 sets of 10 reps  
**Military press:** 4 sets of 8 reps  
**Power cleans:** 5 sets of 5 reps  
**Chinups:** 3 sets to failure  
**Bent over rows:** 3 sets of 10 reps

### WEDNESDAY

**Deadlift:** 3 sets of 10 reps  
**Conditioning:** 30 minutes  
(circuit training, sprints, kettle bell exercises)  
**Push press:** 3 sets of 10 reps

### FRIDAY

**Speed or deficit deadlift:**  
5 sets of 5 reps  
**Front squat:** 3 sets of 10 reps

**Bench press:** 3 sets of 10 reps  
**Upper body assistance exercises:** any two exercises done for 3 sets to failure  
**Core exercises:** 10 minutes

On top of that, Björnsson eats seven meals a day totalling about 41,000 kilojoules, or roughly 4.7 times the daily recommended intake for an Aussie adult. He also does strongman event-related training on weekends, which means doing insane stuff like carrying a frame loaded with 500kg up a hill. And in the weights room he'll shoulder-press 116kg dumbbells. Yes, 116kg with one arm!



## FORGET ROBERT DOWNEY JR: HERE'S A REAL IRON MAN MISSION

❖ Roch Frey has trained three winners of the famously evil Hawaii Iron Man Triathlon, which puts masochists through a 3.8km swim, 180km bike ride and 42km run in baking heat. Getting ready for that is enough to put most people in hospital; Frey's plan calls for four-hour bike rides on Saturdays followed by a 20-minute run and a 45-minute swim... and that's the easy day. There are aerobic and anerobic (intense, fast-paced exercise that deprives your body of oxygen) swim sessions of up to 3km, anerobic bike riding galore, and lots of fartlek running. Before

you get the wrong idea, fartlek means "speed play" in Swedish and involves constant running at a variety of paces, from sprints to slow jogs. And all this is just the first six weeks of his 24-week plan. Before you tackle training for the race, you should be able to do the following without dying: run 25 times a month at the rate of 100km a week, cycle for 800km a week, swim 25km per week, and swim 14 days in a row.





## ROCK CLIMBERS: THE KINGS OF GRIP STRENGTH

🔥 For weightlifters, bad grip strength means dropping a bar on your foot. For rockclimbers it means becoming a big red stain at the foot of a mountain. There are plenty of hand-based exercises you can do in the gym, but according to the experts at DPM Climbing, all you need is a bucket full of rice. Then you do the below, aiming to go for 30 seconds per exercise and work your way up to 45.

🔥 Stab your fingers into it, make a fist, retract it, and repeat.

🔥 Stab your fingers into it, open your hand wide, withdraw it with your palm facing away from you, repeat.

🔥 Plunge your fists in the rice, rotate one direction, repeat. Then do the same number of reps

rotating in the other direction.

🔥 Do the Karate Kid exercises with your hands in the rice: wax on, wax off, and paint the fence.

🔥 Open your hands, put them in the rice, then try repeatedly to squash the rice into powder.

🔥 Dig your thumbs into the bucket over and over, as if you're

eye-gouging someone. Like your boss, for example.

The biggest benefit of this workout is that it builds strength in all of your forearms, training the flexors and extensor muscles. Most gym-based exercises just work the flexors



## THE FILTHY 50

🔥 If you haven't tried Crossfit yet, we highly recommend you do not begin with this workout. The Filthy 50 — we assume it's called that because "F\*\*ked-Up 50" would be in bad taste — consists of doing 50 reps of 10 exercises without taking a break. Here's a typical version of it...

50 box jumps

onto a 60cm box

50 jumping pull-ups

50 kettlebell swings

50 walking lunge steps

50 knees to elbows

50 push presses with a 20kg weight

50 back extensions

50 wall ball shots with a 9kg ball

50 burpees

50 double unders

And at the end of all that, we're guessing 50 reps of chest compressions as someone performs CPR on you.





21 MMA  
WINS OF 22

## HOW THE UFC'S BEST STAYS IN FIGHTING SHAPE

Until he got sacked for being charged over leaving the scene of a hit-and-run accident, Jon "Bones" Jones was the most skilled man inside the octagon. The former light-heavyweight champ is a deadly mix of strength, speed, stamina and flexibility, and his workout develops all of those things. Sixty days out from a fight, he starts going hard with sessions doing the below exercises, designed to keep him explosive by focusing on movements that tackle multiple muscle groups.

➤ **Hang clean:**

5 sets of 5 reps

➤ **Barbell push press:**

8 sets of 8 reps:  
30-second rest between sets

➤ **Lying leg curl:**

6 sets of 6 reps

➤ **Depth dumbbell snatch:**

4 sets of 4 reps

➤ **Ring twists:**

3 sets of 4 reps to each side

➤ **Clean from knees with a jump:**

3 sets of 10 reps

➤ **Medicine ball superset**

run the cycle 3 times  
for a total of 3 supersets

➤ **Medicine ball power up:**

5 reps

➤ **Medicine ball sprawl and jump:**

8 reps

➤ **Medicine ball plyo push-up:**

8 reps

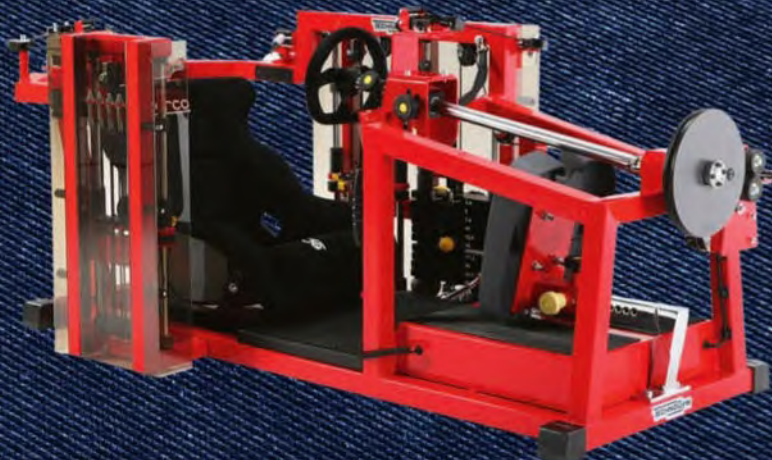
➤ **One-leg straight leg walking dumbbell deadlifts:**

3 sets for 25 metres each

## HAS YOUR GYM GOT ONE OF THESE?

Slingshotting F1 cars around puts the body through enormous G-forces, at times up to five times the force of gravity, which makes it like driving around with a couple of sumo wrestlers overloading your muscles and bones. To enable their drivers to cope with that, Ferrari had a purpose-built

exercise machine built that's part car, part medieval torture rack. It works the hell out of the arms and neck, which have to deal with the biggest stresses — so big that Aussie ex-world champ Alan Jones's neck muscles enlarged until they started to close his throat and interfere with his breathing.







## KILL YOURSELF LIKE CADEL EVANS

🔥 The Tour de France is three weeks of sheer hell that would kill 99.9 per cent of the world's population five times over. The blokes who excel at it, like our Cadel, put themselves through torture in preparation for the event. A few years back, cycling expert David Martin of the Australian Institute of Sport said, "Cadel laid down the highest VO2 Max the AIS has ever seen!" meaning he can breathe in a huge amount of oxygen for his size. Evans and other world-class riders don't get that until they've trained for at least 30 hours a week over at least five years.

Retired pro cyclist Chris Carmichael, who coached Lance Armstrong, wrote a Tour de France training program that's just horrible. Here's a sample: a hill-climb attack that takes 90 minutes (after a 30-minute "warm-up" ride). You ride up the slope as fast as you could hit for

the climb overall for a minute, shift down two gears, get out of the saddle, sprint for 20 seconds, climb at original pace for two minutes, "recover" with six minutes of easier riding. Repeat eight times. He also recommends 53km time trials so you can "build power at your lactate threshold" — or in other words, put the power down even though your muscles feel like they're melting.

Riders will lay down 800-1000km per week in their base training period, then work on power at the limit of their aerobic capacity. The best riders can make 400 watts of power for an hour straight, while an average, healthy bloke could only manage it for one or two minutes. To get there the riders run four to six-hour sessions, three to five times a week, repeating 30- to 60-minute climbs while they're monitored by a power meter. The sick bastards.



## FOLLOW THAT CAR! ON FOOT! AT ALMOST 50KMH!

🔥 It's rumoured that the world's fastest man, Jamaican freak of nature Usain Bolt, used to train by strapping himself to a car and keeping up with it up to about 48kmh. Stuff that up and you're getting dragged along like a can tied to the bumper of some newlyweds' Holden.



# Living it Arj

US comedian  
**Arj Barker**  
kills it in Oz.  
Just don't  
call him  
one of us...

**G**'day, Arj. You've got a big tour coming up — how do you prepare? Lots of cardio, long runs and clean living?

I mostly just train with a former Navy Seal called "The Juice", and we just do various drills using the floor plans of the theatres. Basically we simulate every worst-case-scenario we can think of: terrorist attack, drunken heckler, poor merch sales, etc.

**Is it a bit of a headspin going from doing shows in places like London and San Fran to Mandurah and Werribee?**

The first three are just a warm-up for the last three!

**Do you tend to go back to the places that worked before, or do you like to try new towns?**

Both. Unless I have a terrible experience, in which case I won't come back to that place... until my agent says, "You have to go back to that place, or you'll go broke."

**Flight of the Conchords' Bret and Jemaine would be horrified but are you basically an Aussie now?**

No way! They love it because now we're practically neighbours — a case of life imitating art, perhaps?

**Why do you think Aussies like you so much?**

Well, first of all, I don't go around thinking that all day. They have liked me so far, but it's still vital to be prepared to give my best performance each night, and continue working with "The Juice" to ensure it goes well.

**Your Aussie accent appears to have gotten better over the years. Most Americans are crap at it... do you work on it?**

No, I mostly just chuck it out during a show here or there. I don't spend a lot of time

**When you play your homeland now, do you do material as an observer of them, or as one of them?**

Both, probably. But it was always like that. The States, and specifically California, still feel like home to me. It's like Forest Whitaker said in *Ghost Dog*, "...he [a samurai] should be able to hear about all ways and be more and more in accord with his own". Well, that's how I feel about travelling versus home. The further I go, the more

**"My London shows are just a warm-up for Werribee!"**

trying to make it too realistic. In fact, no matter how much time I spend here, I intend to keep my own accent! I know some guys who moved here from the States and they have started to blend an Aussie accent with their native North American accent and it sounds a bit goofy to me. I mean c'mon, shit or get off the pot, right? You can't have your cake and eat it blah blah blah...

I appreciate where I'm from. **When did you realise shouting really loud in parts was a good comedy technique?**

I actually don't think it is! I admit that I used to yell in my shows, more than was necessary. Much like swearing, it can become a crutch. And much like swearing, although it may have its place, less is more. This

I have learned on my Path. **Are jokes about weed still funny, or don't you bother anymore?**

Well, they never bothered me. In fact, they helped me get a career started, but as I don't smoke very often these days, those jokes aren't as relevant to me anymore, and I'm far less likely to write jokes about something which isn't really part of my life. Having said that, I would never rule out the possibility of writing or hearing good jokes on any subject! A subject is merely a point in spacetime, and it can be intersected infinite ways, so everything is possible — I know, it's hard to believe I don't smoke pot anymore. Hey, I said I don't very often.

**Some comedians use social media to keep riffing when the show's over. You don't seem to so much. Is that because you're old school?**

I used to do that kind of thing more, but it started to feel like homework, and one of the best parts of being a comedian is the free time. Also, if I think of a great line, I'd prefer to save it for my show. But the main reason I don't live on Twitter is that I'm looking for ways to use my phone less, not more, so I had to pull the plug. Having said that, I still host a certified



"Good Old Fashioned Arj Barker Tweet n Greet" here and there. I invented it, which is why my name is in the title.

**Which comedian would you pay to see?**

Wait. Are you asking me who I would pay to go see to make me laugh? Why would I steer your readers to someone else's show?

[Laughs] Good try!

**What was the last American "comedy" film that actually made you laugh?**

Wow. It's been awhile. But I love this one film from 2009 called *Gentlemen Broncos* written and directed by the guy who made *Napoleon Dynamite*. A lot of people don't rate it for some reason, and most folks ain't even heard of it! But I. F\*\*king. Love. It. It doesn't try too hard to have jokes, just odd characters and a lot of heart. I've seen it about 10 times, and I could watch it 10 more. I mostly don't watch it alone anymore... I wait until unsuspecting friends come over and then force them to watch it. If they don't like it, I terminate our friendship. That's probably why I don't have many friends.

**What's your favourite thing to do after a show?**

I don't know. I suppose I prefer to just kick it with shawty and see where the f\*\*k my boys at?

---

## SEE ARJ

**July 20-28:** London

**July 29-Aug 1:** Amsterdam

**Aug 6-9:** San Francisco

**Aug 18-22:** Minneapolis

**Aug 27-29:** Denver

**Sep 3-Nov 21:** all around Australia

**[www.arjbarker.com](http://www.arjbarker.com)**

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## *Dominique Le Toullec*

You might recognise the former ZOO covergirl from the ad campaign she did for Rébel Sport a couple of years ago.

If she'd looked like this when she appeared on their billboards, they would've sold so much merch they'd be worth more than Google by now.





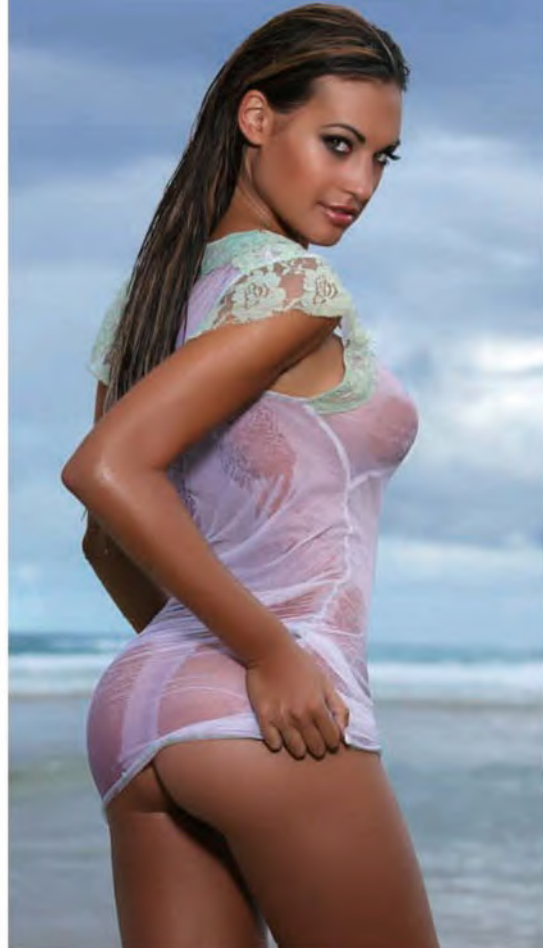
## *Rosanna Arkle*

Imagine this: you're stuck in the Simpson Desert with one canteen of water. Then you see Rosie walking towards you in a bikini. What do you do? Pour it over her, of course, and die a very happy man.



## *Jacinta Rokich*

Late last year she told us that when she and her girlfriends hit the beach, "None of us are particularly shy... and we hate tan lines." Judging by this photo, truer words have never been spoken.



# H2 Whoa!

You'll need a cold shower after seeing these stunners get wet...



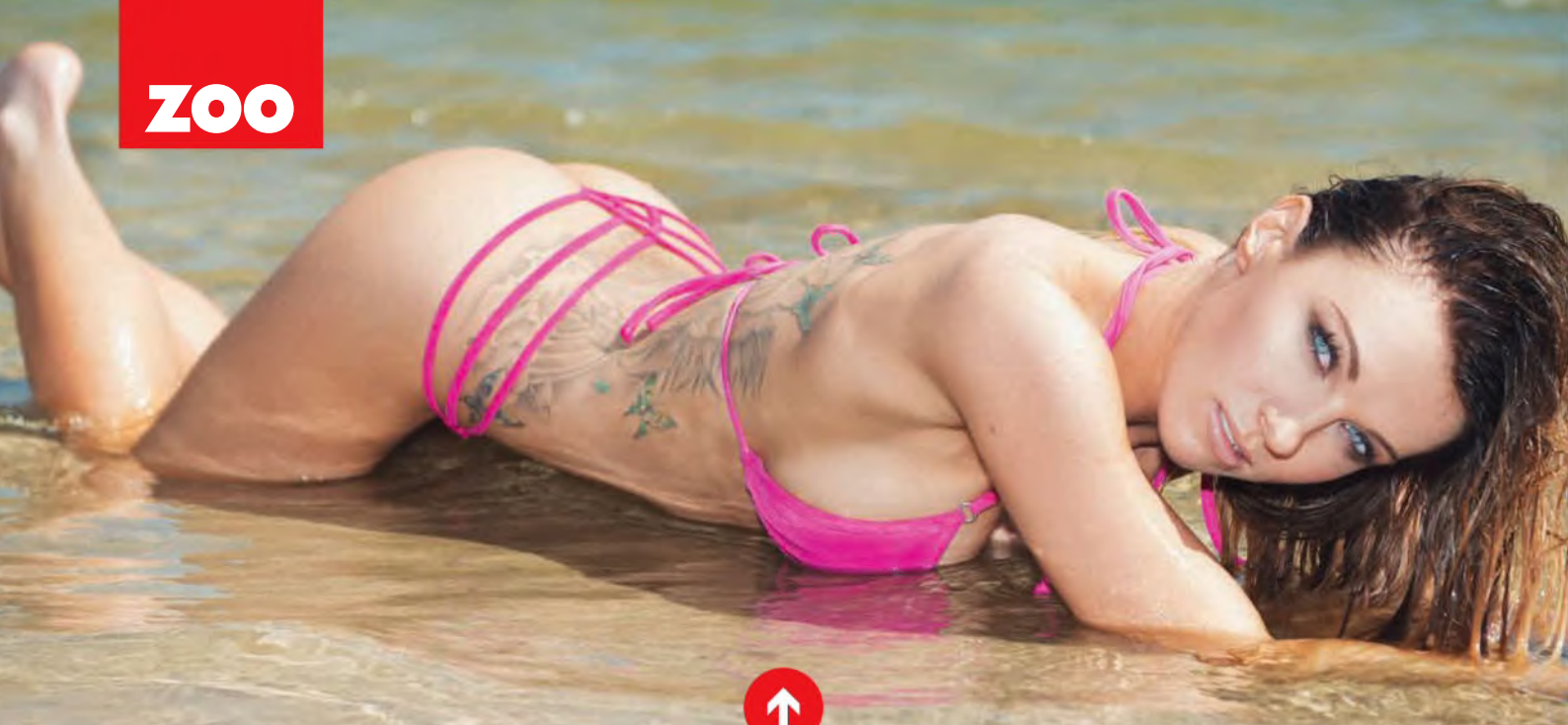
## *Davina Rankin*

Whenever she goes to a public pool we bet Davina can't help noticing every guy suddenly putting his towel over his lap as soon as she gets out of the water.





**ZOO**



## *Jackie Cardona*

It seems the South American babe isn't very good at getting completely nude before a shower. Anyone want to help her out with that?

## *Sophie Burnside*

Sophie hails from Auckland and looks a million bucks when she wears bikini bottoms that appear to be made out of thin strands of dental floss.

## *Stacey Poole*

Yanks usually lose their minds if you mess about with their flag, but reckon they'd be OK with Stacey holstering her 34H boobs in the stars and stripes.





# H2 Whoa!

## Jess Molly

Now that's about as perfect as it gets! Matter of fact, the only way this pic of the Aussie glamour could be any better is if her cossies were specially developed by the CSIRO to dissolve when exposed to water.



# NEW STUFF



## FEET OF STRENGTH

As well as looking the business, the uppers on the Nike Free Trainer 3.0 V4 have a new woven circular knit mesh which cushions and tightens on the foot when needed. **GET THEM:** [www.nikestore.com.au](http://www.nikestore.com.au)



## SIGHT FOR SAW EYES

The Boreal21 folding bow saw has a 21-inch blade which folds away into the handle when not in use — and the single assembly means no spare parts to lose. **GET IT:** [www.agawacanyoninc.com](http://www.agawacanyoninc.com)



## GET YOUR LOCKS OFF

Lock-picking skills not up to scratch? Before everything goes digital, brush up with the Ehdching Transparent Professional Cutaway Practice Padlock. See how the tumblers fall and what to do. **GET IT:** [www.amazon.com](http://www.amazon.com)



## MOBILE LAUNDRY!

You can wash on the go with a Scrubba bag: just put clothes, wash liquid and water inside, scrunch to expel air, rub clothes against the internal washboard, dry. **GET IT:** [www.thescrubba.com.au](http://www.thescrubba.com.au)

## NOW HEAR THIS...

The Chant speaker from House of Marley does what you want your Bluetooth speaker to do: look great and sound even better. **GET IT:** [www.thehouseofmarley.com.au](http://www.thehouseofmarley.com.au)







\$899

## DITCH THE DOWNLOAD

TomTom claims its Bandit Action camera is the first to come with a built-in media server. That means there's no need to download footage before editing, just sort it on the run. Sensors auto-tag clips, too. **CHECK IT:** [www.apextoolgroup.com.au](http://www.apextoolgroup.com.au)



\$579



\$580

## HOLDING OUT FOR A HERO

GoPro's new Hero4 Session is the company's smallest and lightest camera yet. Before long they'll be fitted onto contact lenses and we'll be filming each other all

the time. That'll be fun! The camera's waterproof to 10m, can be controlled by a single button and dual mics reduce any wind noise. **CHECK IT:** [www.gopro.com](http://www.gopro.com)

## GETTING TOOLED UP

Splash out on this combo top chest and roller cabinet from GearWrench and you should always have the right tool for the job, with 189 to choose from. Made of durable steel so it'll last longer than the Bronze Age.

**CHECK IT:** [www.apextoolgroup.com.au](http://www.apextoolgroup.com.au)

## BEER WE GO AGAIN

The 15th limited-edition vintage for Coopers' Extra Strong Vintage Ale hits the shops. Five hop varieties, led by Melba, make up the 7.5 per cent ABV ale, which will also improve with age. Price is for a slab.

**CHECK IT:** [www.vintageale.com.au](http://www.vintageale.com.au)



\$85







# COMING SOON TO YOUR TV

British actress Mieke Dockley should win a Gold Logie for looking this hot









**G**'day, Mieke. Happy to be a ZOO girl? I love ZOO! I'm so pleased to

be in the magazine now — you have so many beautiful girls and I love all your shoots.

**We understand you've been on TV in the UK...**

Yep, I'm an actress. I was in the Channel 4 series *Camelot*, which did OK here but was really big in the US. In the first episode I played King Arthur's brother's girlfriend, but then I fall in love and run away with King Arthur. There's a love scene, so it is quite naughty.

**Have you had to do any weird TV commercials yet?**

I was in an Andrex advert [a brand of Pommy dunny paper] talking about how I use toilet roll: do I scrunch it or fold it up first? *[Laughs]* That was a bit odd, but great fun to do. I fold, by the way. Though for some reason I had to say scrunch on the ad itself.

**What would your ideal acting role be?**

I would love the Margot Robbie role in *The Wolf of Wall Street*. I'd like to do a knockout sexy scene that boys just love so much they have to record and rewind. The scene where she comes out of the bedroom completely naked... that's the kind of sexy I like. I want that sort of scene!

**Your name's quite unusual. Do a lot of people get it wrong?**

It's pronounced Mika, like the pop star! It's Dutch, and I get called Mikey all the time. There's a guy I've known for ages who calls me Michaela. I've told my friends to call me over with my real name and he just doesn't get it. He wanted to date me, but I can't be having him now!

**So how should a guy get you to go out with him?**

Easy: make me laugh. I love funny men. Jimmy Carr has





MIEKE DOCKLEY

**"I DO LIKE SHAKING MY BUM.  
IT'S IMPORTANT EVERYONE GETS TO SEE IT!"**



**GET THE APP!**





that very dry, slightly rude humour I like, and I know every girl says this, but make me laugh and you are absolutely halfway there. I need a man, not a boy; someone who has a bit of life experience. I also like men with big hands and broad shoulders, and someone who's not too tall.

**What are your no-nos when it come to dating?**

I don't think a date to the cinema is a good date. In winter, when you're broke and it's cold, fine. But one guy took me in summer, so we were stuck indoors. And he wore a vest with smart shoes! Never wear a vest on a first date. I also dated a guy who was so tall we looked like father and daughter. I couldn't handle that!

**What do you like on a night out: quiet bar or hitting the dance floor?**

I'm an exhibitionist! I like showing off my legs, normally in a skirt or dress. I very much believe less is more. I'm not a screechy, shouty girl, but I do like shaking my bum. I shake it in a circle; a full 360 degrees in a big wave. It's important everyone gets to see it!

TO SEE  
MORE STUNNING  
BABES, GO TO  
**INTHEZOO**  
**.COM.AU**





# Sport

SNOWBOARDING CHAMP SCOTTY JAMES

## The world's weirdest — and BEERIEST — race!

See why Darwin's famous Beer Can Regatta craps on the Sydney to Hobart

TALK ABOUT  
TINNING ON!



### HISTORY

The regatta started to get going in the early '70s. It was kicked off by tourism official Lutz Frankenfeld and journo Paul Rice-Chapman, who was asked to develop a water festival by Swan Breweries. Work on beer can boats was started as early as 1972, and the first model was called the Dry Ark. Lutz was nearly killed when a can boat with an outboard motor ran him over in 1973!





## THE FIRST REGATTA

About 22,000 people — half the population of Darwin at the time — rocked up to the inaugural event at Mindil Beach on June 16, 1974. More than 60 boats competed, many with outboard motors, and getting the raw materials to make them was credited with helping rid the city's streets of empty piss tubes.



GET THE APP!



## STEEL CANS VS ALUMINIUM CANS

When the breweries stopped making the steel beer cans your dad used to drink out of and switched to aluminium, competitors had to stop using outboards. See, the softer, newer cans crush once the craft hit 28 knots (52kmh), so the motor-driven class was banned. They were dark days...

## MAKING A BEER CAN BOAT

Darwin bloke and veteran beer can boat builder Mick Keeley told the ABC there are a few tricks of the trade: "You've obviously got to seal them and everyone knows how to do it — they put the two open ends together and run tape around it." Keeley

also says he's developed a new system that takes "half the time and half the expense". That'll come in handy if he ever builds another craft like Extravacanz, a 30,000-can beast and the biggest in regatta history. There were 87 people on it at one stage!

## THIS YEAR'S INSTALMENT

Fifteen boats battled it out last week, with the St John's Ambulance entry, the Canbulance, taking out the Best Soft Drink Can Boat award. But the Tipanic cleaned up, winning Best Beer Can Boat and taking out the main event, the Battle of Mindil.

One crew even made a light-hearted attempt to bribe the judges by leaving a pile of fake cash sitting on their boat. All competitors adhered to the regatta rules, known at the Ten Can-mandments, which include gems like, "Thou shalt not drown", and "Thou shalt not protest too much".



PICTURES: NEWSPIX



# Aussie world champion snowboarder

## Scotty James



Our youngest-ever Winter Olympian talks X-ray goggles, banjos and new tricks



**H**owdy, Scotty. A news website called you “Australia’s coolest sportsman” in January. Are you?

[Laughs] I don’t know! That’s a pretty big claim if I was to sit here and say yes. I know a lot of cool Australian sportsmen. I did see that article and was a bit chuffed.

**What tricks are you working on at the moment?**

I worked on a couple of new things in Mammoth [Californian mountain resort] to use coming into next [northern] winter in December — things I’ve already done in competitions, just perfecting them a bit more and making them second nature. I’ve never really done the frontside double cork 1080 in the

halfpipe, so I was working on doing a couple of those. That consists of two 720s and a 180, and then obviously two off-axis rotations, which is why I call it a double cork.

**How many hours a day do you spend practising?**

It’s always weather-dependent. I probably find myself riding all day in Australia. In the US I usually ride for 2-3 hours, get what I need to get done and then head home. Most days I probably ride for a maximum 5-6 hours. In Australia, it’s a fun time because I get to ride with all my old friends. I really enjoy it, which is probably why I ride so much in the day.

**Who’s the Husky dog in the clip on your Twitter feed singing along to the song Homeward Bound?**

That’s my dog Ghost. He’s a

friendly little face to come home to every day. We have lots of videos of when I come home from overseas after a long time. He runs at me singing and barking — it’s pretty cool. He always sings me goodbye songs when I leave. He knows I’m leaving when I pull the board bag out of the front door and he gets pretty sad. **Let’s talk sunnies. What’s the difference between using the Oakley Prizm and going with other lenses?**

As an athlete, it really brings out more detailed contrasts in the snow. It’s not always going to be sunny when you’re out snowboarding. In the past, you’d be switching lenses out all the time according to the weather. Now I use the Prizm in low light, snow weather and also sunny weather.

It’s awesome when I’m competing. The last thing I want to be thinking about is changing lenses. I’d prefer to focus on the task at hand. I noticed a massive difference when I was in Japan. It’s always overcast weather there and snowy. I didn’t change my lens once, which is amazing.

**Have you asked Oakley to develop an X-ray feature so you can see through all the snow babes’ layers?**

That is actually a brilliant idea. I’m going to follow up on that now. I think those lenses would go really well in Scandinavia! **The goggles claim to reduce glare. Do you reckon they’d be able to cut out someone flashing a moon?**

**GET THE APP!**





Flashing a moon at me? If it's a male I'd try and block it out. If it's the other [sex] it might distract me and I'd end up hurting myself, and that's no good. Maybe there can be a special lens or goggle made for specific sexes [laughs].

**You went from being a baby-faced kid in the 2010 Olympics to a six-foot-tall young bloke in the 2014 Olympics. Was it difficult adapting to your big rig?**

Yeah, definitely. The biggest change was having to change my equipment all the time. Obviously as I was getting taller, snowboard equipment — like the snowboard, snowboard boots, bindings, etc — they have to get bigger. It was hard to get the swing of things for a long time. Now I think I've stopped growing and I've been using the same equipment for the past 12 months. I stopped growing five months before the last Olympics, which was good, and I haven't changed too much in equipment since then. Not being able to do something for a couple of years was frustrating for me mentally, and feeling like I wasn't riding at full standard as well as not achieving goals in comps. Now it seems to be going OK so I'm pretty happy.

**Are you hard on yourself when you don't do well?**

Yeah, I'm really hard on myself and definitely somewhat of a perfectionist. I get most disappointed in myself when I know I could have done better or done something that would have helped the end result. I guess that's just the nature of competing; you just sometimes don't show up on the day. It's very frustrating when that happens because you put so much hard work into it, but it is what it is. I try to use it as a positive and fuel for the fire for the next one.

**“X-ray goggles are a brilliant idea – they would go really well in Scandinavia...”**

**What did you learn from not doing as well as expected at the Sochi Games?**

I came from X Games the week before and got fourth. I felt really good coming into the Olympics and all of a sudden, I'm not sure what it was. I always wonder what I could have done more; it was just one of those things. It just didn't click for me. I'm a strong believer in everything happens for a reason. Maybe it wasn't supposed to go my way and it didn't. I'm kind of grateful for it in a way, 'cos it just made me more hungry to succeed in

what I want to do. Hopefully I can bring home some hardware from Korea [next Winter Olympics] in 2018.

**Do you feel sad you're more successful than the Bombers [his AFL team]?**

Um... I'll go ahead and say yes! I'm going to go down and give those guys a spray, I think.

**They need something.**

They'll be back on the horse soon. They're going through tough times. We thought it was over but it's not.

**What did you do for your**

sometimes and ask myself if it really happened. You always hear people say the cliché: “Work hard and you achieve your dreams”, and it really happened for me. Since then it's made me more driven to keep doing what I want to do.

**We hear you play a mean banjo. Is that true?**

Yeah, I love the banjo. I'm a pretty big Mumford and Sons fan — I went specifically to Splendour in the Grass in 2013 to see them. My brother is part of a band so I picked up a banjo and started playing. When I travel a lot of the snowboarders play guitar and I've got my banjo with me, so we get to jam out a lot.

**Does that make you about 10 per cent hipster?**

Is banjo pretty hipster?

Alright, I'll take 10 per cent!

**What's your next big goal?**

Next winter I really want to make a big bang in the snowboarding world and competition scene. Obviously the Olympics are three years down the track, and there's X Games and all the other goals. I just want to go out and achieve them, and be satisfied with my riding and myself and the goals I've set.

**→ Visit [au.oakley.com](http://au.oakley.com) to find out more about Prizm**

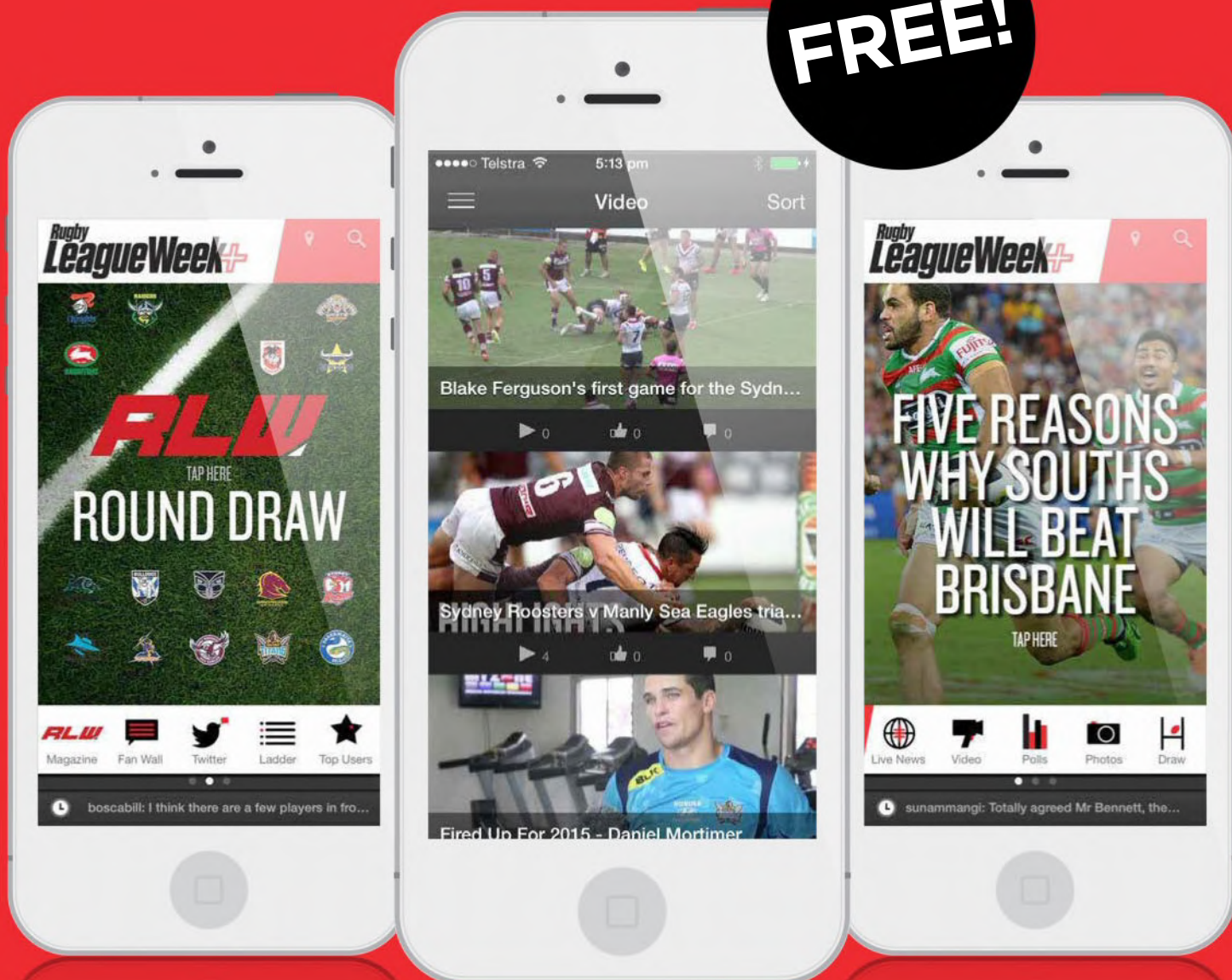






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IN THE  
**ZOO**  
WITH

**ZOO**

# THE HUMAN CENTIPEDE'S **TOM SIX**

The Dutch director of the ultra-sick horror trilogy tells ZOO what goes on in his very dark mind

**H**ow do you get such sick movies made in this day and age?

We don't compromise, we don't take shit from anybody — we just make what we want to make. What's so sad is a lot of art and films are made in fear. They want to please audiences and please distributors, and then you get a mediocre product and we don't care for that shit. We have to be like heavyweight boxers because we have to fight censors, distributors... you have to fight everybody to get here. I wouldn't want it any other way. I want to live my life like a comet that hits the Earth in a blast and leaves a lot of colours in a futile grey world.

**How did you find actors happy to be a part of it?**

I'm especially grateful to my fellow warriors: the other actors. They have balls the size of mammoths. You can imagine my mind is so disturbing so many sissy actors bail out because they want to think about their careers and they make shit that nobody remembers. But people will remember this for 150 years — people will still talk about it. Secretly they're all jealous about it.

**Each film has a different tone — tell us about this one...**

We wanted to go out with a big bang, so we wanted to shoot it in America XXL style. Everything is big, from the locations to the centipede. We go out with a very heavy ending. The bad guy wins, I can already say that. In a lot

of films the good guy wins and I hate that. I love it when the bad guy wins.

**Why do you hate happy endings?**

Normally in life you don't have happy endings — only in Amsterdam massage parlours. But in real life everything ends in ruin and we all turn to dust.

**Is there a political point here?**

In the beginning my idea was to make a film about punishment. In Part One I used the horror cliché of using innocent victims, but now I wanted to come back to my original idea, which was punishment. I really think punishment isn't good enough so maybe this will give governments ideas. I hope so.

**What, like new things to try at Guantanamo Bay?**

I don't really care about politics, but I like it if all kinds of people react to my films. I hope this film reaches so many people at so many levels and they all react in a different way. Maybe President Obama can laugh at this film and maybe ISIS people in the Middle East get very scared in case the



**"I HOPE THE US GOVERNMENT GETS IDEAS FROM THIS TO PUNISH ISIS"**

Americans get ideas from it.

**You got death threats because of the first two films. Does that still happen, and does it worry you?**

Strangely enough, I get a lot of praise. Either you like it and like me or you absolutely hate those films and detest me. So we get a lot of emails from people who want to cut me open or shoot me. It's insane but it's all marketing. Hopefully it doesn't happen.

**Are you just a sicko?**

All my thoughts are pretty macabre. As a boy I laughed at all the black sides of humanity. I think the human race is pretty f\*\*ked-up. But I think I need to use a magnifying glass and I want to show that to people.

**Were any scenes too crazy to**

**make the final cut?**

Everything is in there. I never censor myself and anything that comes to mind that's useful, I put in. I never think about censors or reactions from people — the job of an artist is to never be afraid of what an audience might think. Artists should go all the way.

**Has anyone ever showed you what a real human centipede operation looks like?**

No, but if somebody wants to show me for real, I'm there. It would be great marketing.

**What's next?**

We're working on a film now called *The Onania Club*. It's going to be pretty disturbing and the hook is very special — it's very original like *The Human Centipede*. I'm sure the whole world will talk about it.

**What kind of director are you?**

A lot of directors yell and scream. If you want people to be in a *Human Centipede* film, you have to be charming and sweet. If you're an arsehole, people won't work for you.

→ **The Human Centipede 3 is out on Blu-ray, DVD and VOD July 22.**





# MAD

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**PIC**  
OF THE  
**WEEK**

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WINNER**



## TOPSEFFORT!

"Love your magazine. We've created a couple of feature walls at our house in Putaruru, New Zealand. It's got 4181 bottle caps from Waikato Draught Beer on it!"  
**HAMISH, VIA EMAIL**





#### SMALLGOODS!

Brekkie just got a lot more exciting.  
Graeme, via text



#### D-CUP OF COFFEE

Had to tip this barista!  
Graeme, via text



#### MISSING LINK

Beer bong attempt failed hard.  
Anon, via text



#### BACK TO SCHOOL

This shop needs to get its shit together.  
Anon, via text



#### HAIR OF THE DOG

My boozy mutt went too hard.  
Anon, via text

# SHOW US YOUR VIDEOS!

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FOR THE  
VID OF  
THE WEEK!



ZOO gets your insane photos every week, now with the new **viewa** app we can show videos as well! If you've got a classic vid of you or a mate getting a tatt, taking a stack or doing anything worthy of being in ZOO, then **EMAIL** your video to...

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## SHOW US YOUR TATTS



**COLOURFUL CAT**  
Miensie the cat  
done in London.  
Anon, via text

**BUZZ BAND**  
Earth's The Bees Made Honey  
in the Lion's Skull tribute tatt.  
Anon, via text



**TATT'S AWESOME**  
Aygul Bayanova did this  
at Meatshop Tattoo.  
Anon, via text



**HANDYMAN**  
Zoolander hand model  
done in NYC.  
Anon, via text





THAT'S GOTTA HURT!



## HOLE IN THE SOLE

"Sue's battle with a wire from a wire brush. That's what happens when you get an infection — ouch!"

JEFFERY, VIA EMAIL



## NICKED!

Circular saw stole me thumb!  
Anon, via text



## DROP SORE

Tried to file my nails with a drop saw.  
Anon, via text



## GLASS GASH

Copped a glass to the leg!  
Anon, via text

## GET TRUCKED

Between a truck and a hard place.  
Skot, via text



## STAY GLASSY!

Fell through a window.  
Anon, via text



## KNIFE TO MEET YOU

Five stitches after a Stanley Knife cut.  
Anon, via text





## HAT TRICK

Snapback stacks on my drunk mate.  
Anon, via text



## OH, IT'S A DEEP BURN

Left the guns in the sun too long.  
Anon, via text



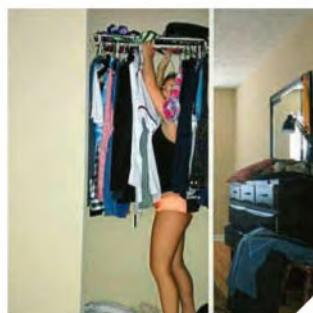
## SNOW WAY

Here's how I keep my drinks chilled.  
Anon, via text



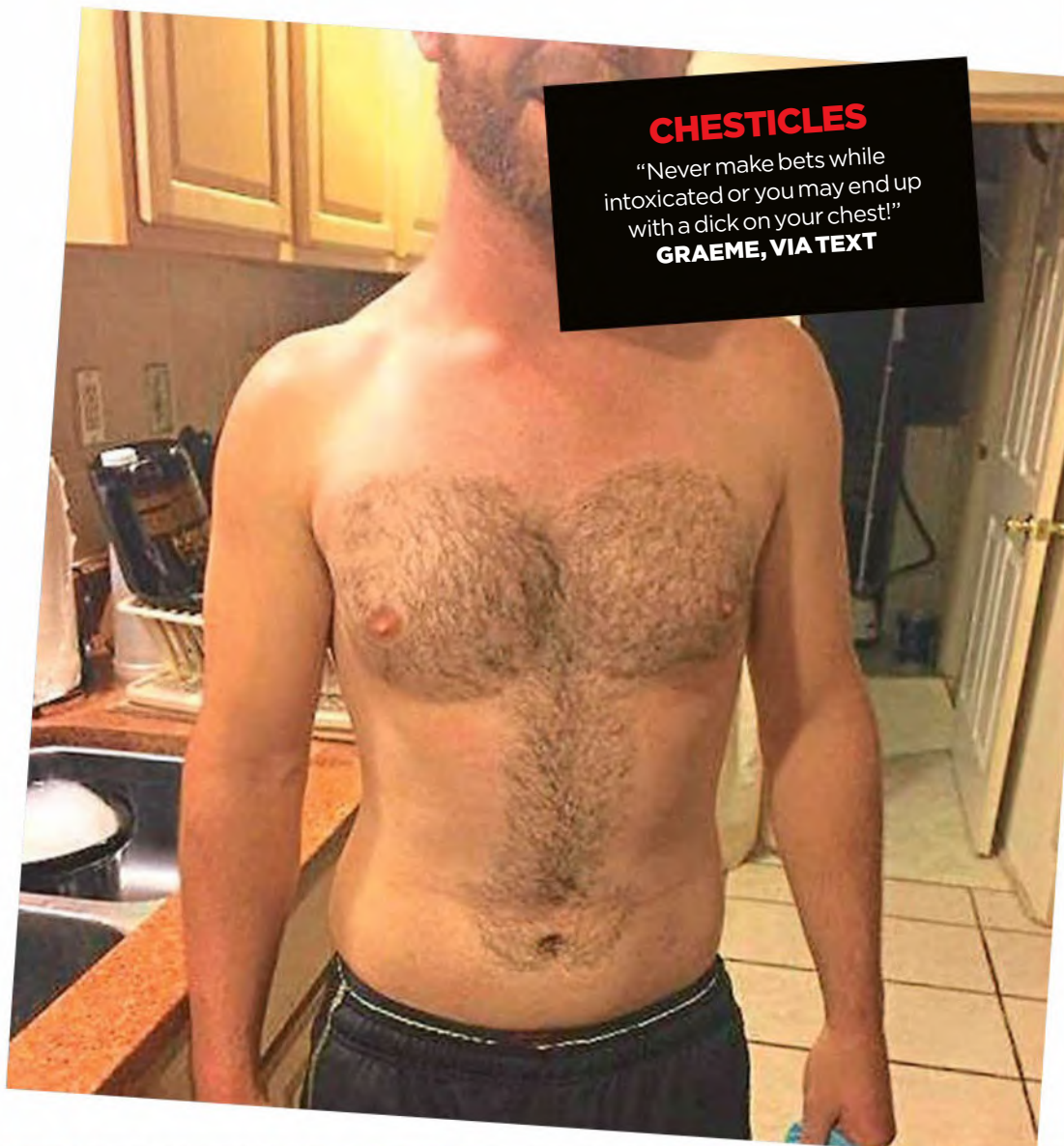
## TIT'S A LOVELY NAME

Strip club name that deserves a medal.  
Anon, via text



## HANG TIME

Just hanging after too much tequila.  
Anon, via text



## CHESTICLES

"Never make bets while intoxicated or you may end up with a dick on your chest!"  
GRAEME, VIA TEXT

## ZOO KEEPERS



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Level 12, 54 Park Street, Sydney, NSW 2000  
Email: [zoo@bauer-media.com.au](mailto:zoo@bauer-media.com.au)

Editor **Shayne Bugden** 02 9288 9675  
Managing Editor **Gav Britton** 02 8116 9357  
Editorial Coordinator **Carmen Winch** 02 8114 9437

### ART

Head of Design **Gavin Cook** 02 9288 9663  
Senior Designer **Nick Clark** 02 8114 9481  
Designer **Jo Alvarez** 02 8114 9459  
Designer in Chief **Tony Halpin**

### PICTURES

Photo Editor **Manisha Parmar** 02 8114 9493  
Photo Editor **Lewis Astridge** 02 8114 9444

### PRODUCTION

Advertising Production Coordinator **Klara Mazzarolo**

### ADVERTISING

National Brand Manager **Aaron Morton** 02 9263 9744  
Director of Sales **Tony Kendall** 02 9263 9760  
QLD Sales Director 07 3101 6630  
Director of Media Solutions **Simon Davies** 02 9282 8731  
NSW Sales Director 02 9282 8726  
Creative Director Advertising 02 9282 8157

### MARKETING

Marketing Manager **Brony Popp** 02 9282 8583  
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Syndication Inquiries Sydney **Greg Allen-Waters**  
([gallen-waters@bauer-media.com.au](mailto:gallen-waters@bauer-media.com.au))  
WA Advertising: **Vikki Stacy** 08 9207 1500  
Commercial Manager - Specialist Division **Christy Trollip**

### ZOO INTERNATIONAL

International Director **Simon Greves**  
Head of International Content **Anouska Christy**  
International Content Executive **Ellie Bond**  
For ZOO Syndication queries: **Ryan Chambers**  
[ryan.chambers@bauermedia.co.uk](mailto:ryan.chambers@bauermedia.co.uk)

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# BAE

**THIS WEEK'S  
HOTTEST  
NEW GIRLS**



## **GYM BUNNY**

The only way Alessandria Montana would show us the ropes is if the personal trainer whipped us into shape on the Goldie.





### DEE FOR DELICIOUS

Brissie salon owner Dee Dwyer hits the beach and finds one of Clive Palmer's leftover strawberry doughnuts.



### SCOUT'S HONOUR

Brisbane talent manager Vickie must have a lot of talent on her books, but we'd bet our salaries none of them are hotter than she is.



### LET US SPRAY

Need something touching up? Perth automotive spray painter Alice will give you a coat, even though she's forgotten hers. And her pants, fortunately.



TO SEE MORE  
STUNNING BABES, GO TO  
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# THE ZLIST

GAMES

MOVIES

MUSIC

BLU RAY

TV

CHICKS



ACTION

## GODZILLA: THE GAME

PS4, PS3

5/10

**THE GIST:** You are Godzilla, the giant, city-stomping reptile in a destructive action game that pays tribute to the classic '50s films. This brutish behemoth takes on retro

rivals like Mothra, Rodan and Ghidorah, or he can stomp across cities, taking out buildings and generators.

**ZOO SAYS:** It's like *Power Rangers* at "Morphin' Time",

but for all its glorious cheesiness, it's just a quick novelty. You can't play as other monsters offline and your moves are just swipes, charge and laser beam roar.

## GAMES



ACTION

## DECEPTION IV: THE NIGHTMARE PRINCESS

PS4, PS3, PS VITA

7/10

**THE GIST:** Scantly clad chick demons converge like it's a Victoria's Secret pillow party to defend their home from hunting heroes. These sexy siren sisters use deadly traps to thwart the fools in black comedy fashion, with a wackier variety than before.

**ZOO SAYS:** Giant boulders, falling bathtubs and human cannons are quirky, whereas the Iron Maidens are kinda grim. It's not exactly *Mortal Kombat* with the gore or anything (*Deception* is really tame in comparison) but there's enough strategy, silliness and digital boobs to keep things bouncing along.



CRIME/COMEDY

## INHERENT VICE

[MA15+]

5/10

**THE GIST:** Stoner private eye Doc Sportello (Joaquin Phoenix) becomes involved in a bizarre and mysterious world after he gets a visit from his hot ex. She tells him about her billionaire boyfriend, whose wife is plotting to get him thrown in the nuthouse.

**ZOO SAYS:** Set in the '70s, it's weird and hard to follow, but with help from certain 'erbs, you might find some of the trippy scenes funny.



## BLU-RAY

I'm literally a bottom feeder

HORROR

## THE HUMAN CENTIPEDE 3 (FINAL SEQUENCE)

[R18+]

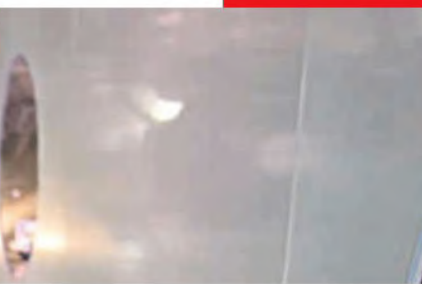
1/10

**THE GIST:** In the finale to the sickest horror trilogy ever, a sexist, racist, rapist prison warden, Bill Boss (Dieter Laser) creates a 500-person centipede out of inmates.

**ZOO SAYS:** While Dutch director Tom Six's opinions on creating original cinema and not pandering to censors (see page 55) are admirable, this is too f\*\*ked-up,

disgusting, badly acted and poorly shot to enjoy on any level. It exploits every taboo imaginable in an attempt to shock, but ironically ends up just being a load of crap...





HORROR

## THE GALLOWES

[M]

3/10



**THE GIST:** It's the 20-year anniversary of the death of a school kid named Charlie who died during a play called *The Gallows*. When a bunch of dumb teens break in overnight to stop the show from being resurrected, Charlie makes a reappearance. **ZOO SAYS:** Yet another found-footage horror flogging the corpse of *Blair Witch*. The only scary thing about this is the acting.

SCI-FI/ACTION

## SELF/LESS

[M]

6/10

**THE GIST:** The story of an older man getting inside the body of a younger man might sound like a Michael Jackson biopic, but it's actually a new sci-fi starring screen legend Ben Kingsley as a mega-rich bloke, Damian, who is dying of cancer and gets offered the chance to have his consciousness transferred into the body of a soldier

(Ryan Reynolds). After enjoying the spoils of his young rig, shit goes south for Damo when it turns out his new body wasn't an empty vessel... **ZOO SAYS:** The awesome premise and quality cast — including Matthew Goode (*Watchmen*) as the evil professor — is sadly spoilt thanks to dodgy directing and mediocre action scenes.

HISTORICAL ACTION

'71  
[MA15+]

8/10

**THE GIST:** A gripping drama/action flick that tells the story of a young British soldier, Gary (Jack O'Connell, *Unbroken*, *Starred Up*), who leaves his little brother behind so he can assist during The Troubles in Belfast, Northern Ireland, in 1971. Accidentally separated from his unit during a riot, Gary has to find his way out of the hostile environment, not knowing who to trust or what danger lies around the next corner.

**ZOO SAYS:** Tough, realistic and grittier than your knob after a root in the sand, this well-acted and action-packed account of Northern Ireland's dark times is a white-knuckle ride all the way until the end.



**ZOO'S MOVIE OF THE WEEK!**







METAL

# LAMB OF GOD

VII: STURM UND DRANG

9/10

**SOUNDS LIKE:** Bouncing back with their first album since vocalist Randy Blythe was released from a Prague prison after being accused of manslaughter, the US five-piece sound like they've got something

to prove. Opener *Still Echoes* and *Engage the Fear Machine* are vintage LoG: huge riffs, aggressive roars and headbanging heaviness. But after 15 years of doing the same thing, their seventh album sees the

band adding some cool new elements: Randy's clean, moody vocals on *Overlord*, the talk box guitar solo on *Erase This*, and rad guest vocals from Deftones' and Dillinger Escape Plan's singers.

**ZOO SAYS:** Like a phoenix from the ashes, LoG have risen from adversity and tragedy to record their best album since 2006's *Sacrament*.



INDIE ROCK

# HOLY HOLY

WHEN THE STORMS WOULD COME

8/10

INSTRUMENTAL ROCK

# RATATAT

MAGNIQUE

7/10



**SOUNDS LIKE:** Despite being a debut, this Aussie band's sound is so assured, you'd swear they'd been together for years. The glimmering guitar leads glow alongside Tim Carroll's honey-smooth singing. **ZOO SAYS:** Guaranteed to impress Boy & Bear and Band of Horses fans.



**SOUNDS LIKE:** The Brooklyn-based duo's fifth album is less experimental and more guitar-driven than their past few efforts. **ZOO SAYS:** The lack of vocals makes it all a bit samey after a while, but the layered, Strokes-like guitars on *Abrasive* are instantly likeable.



FOLK

# JOSH PYKE

BUT FOR ALL THESE SHRINKING HEARTS

7/10

**SOUNDS LIKE:** When we heard Aussie singer/songwriter Josh Pyke had based his album art and some lyrics on an American inventor from the 1800s, we feared the usually verbose wordsmith might've finally hit writer's block. But the clever lyricism remains, as does his emotion-filled voice and softly

strummed acoustic guitar. **ZOO SAYS:** Although it's by no means his best album, there's still plenty of ear worms for fans to dig. It's fitting and perhaps worrying for Pyke that one of the best songs, *Momentary Glow*, was co-written by Aussie young gun Dustin Tebbutt.



# TV



DON'T MISS THIS WEEK

# AFL: SYDNEY SWANS VS WEST COAST EAGLES

7MATE, SUNDAY JULY 26, 2.40PM

With a long history of close games — including a couple of cracking grand finals — the rivalry between these two teams has become legendary. With both looking for a top-four finish

come September, it's bound to be a hard-fought slog. The game is being played at Domain Stadium, so the Eagles should have the advantage, but the Swans often win when they're the underdogs.



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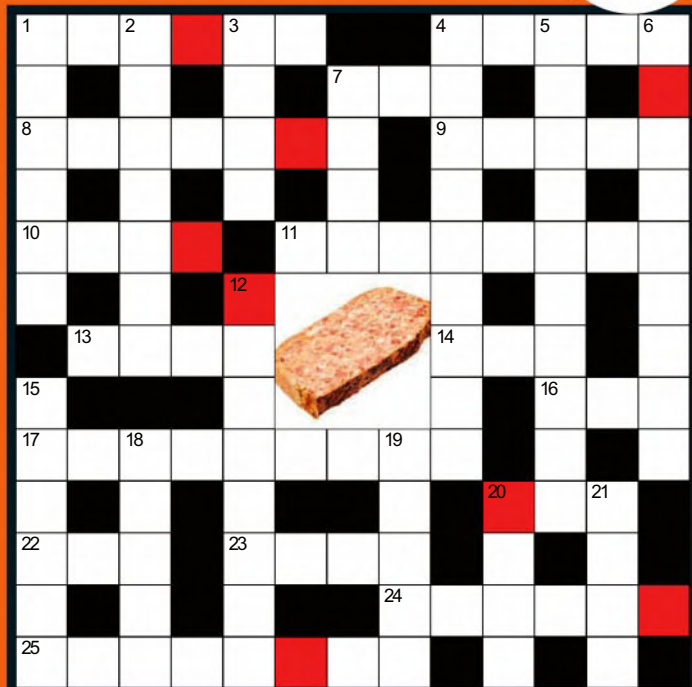
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**What breed of goose is usually used for foie gras?**

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For a chance to win **\$100 cash**, send your details and the winning word to

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Make sure you include "Crossword puzzle" and the issue number (it's at the top left of the contents page) in the subject line of your email.

## ACROSS

1. Fremantle-based brewery known for their pale ales, --- Creatures (6)
4. Old-school Ford model replaced by the Focus (5)
7. South Korean auto company that began as a bicycle manufacturer (3)
8. Carpentry tool that featured as a weapon in the Quake game series (4,3)
9. In February, the Rabbitohs edged the Sharks in the final of the NRL Auckland --- rugby league comp (5)
10. Austin Powers' nemesis, Dr --- (4)
11. Tom Cruise saves the day yet again in this 2013 sci-fi (8)
13. Swedish metallers who are named after a LOTR mountain, --- Amarth (4)
14. Cocktail for the brave, a Long Island Iced --- (3)
16. Nothing, nada, zilch, bugger-all (3)
17. A bloke who has lots of casual affairs with females (9)
20. Standard computer port type for flash drives (1,1,1)
22. A boob or a small bird (3)
23. Mining money bags, --- Rinehart (4)
24. Corn chips piled high with toppings like beans, avo, salsa and cheese (6)
25. Sheaths to keep your guns in (8)

## DOWN

1. Mitsubishi model which you can buy in a turbocharged Ralliart version (6)
2. Matt Heafy fronts this US band that has a tune on the upcoming *Guitar Hero Live* (7)
3. You'll see plenty of these when chicks are wearing short skirts (4)
4. Cersei and Tyrion are both part of this *Game of Thrones* family (9)
5. Radio douchebag, Kyle --- (10)
6. Pommy comedian who's a regular on Aussie telly and the stand-up circuit (4,5)
7. The end of your old fella (4)
12. Not-to-be-repeated sexual conquest, a --- stand (3-5)
15. Cricket shot where the batsman changes stance, a --- hit (6)
18. Cheap, and often sleazy, roadside accommodation (5)
19. Tour de France winner in 2011 was Aussie Cadel --- (5)
20. Term for someone who's really clumsy at sports (4)
21. Hard-drinking, moustache-wearing cricketer, David --- (4)

Competition closes 11:59pm on 26/7/2015. Open to Australian Residents. Comp drawn at 2.00pm on 27/7/2015 at ZOO magazine, level 12, 54 Park St, Sydney, NSW 2000. The Promoter is Bauer Media Group, (ABN 18 053 273 546). Authorised under permit numbers NSW Permit No. LTPM/14/01367, ACT Permit No. TP14/04448.

## ZOODOKU

**Candidates for the US presidency must be at least how old?**

**WIN  
\$100**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
|   |   |   |   |   | 8 |   | 4 |
| 4 |   |   |   | 3 | 9 |   |   |
| 6 | 7 |   |   |   | 5 | 2 |   |
| 9 | 8 |   |   | 1 | 3 | 2 |   |
| 1 |   | 2 |   | 7 |   | 6 | 9 |
|   |   | 3 | 4 | 9 |   |   | 8 |
|   | 2 | 6 |   |   |   | 1 | 8 |
|   |   |   | 5 | 6 |   |   | 2 |
| 3 |   | 7 |   |   |   |   |   |

Add numbers to the grid on the left until each row, column and diagonal, and every 3x3 square, contain all of the numbers 1-9. The digits in the shaded squares, reading from left to right and top to bottom, reveal our winning number.

For a chance to win **\$100 cash**, send your details and the winning number to **zoo@bauer-media.com.au**  
Make sure you include "Zoodoku" and the issue number (it's at the top left of the contents page) in the subject line of your email.

Competition closes 11:59pm on 26/7/2015. Open to Australian Residents. Comp drawn at 2.00pm on 27/7/2015 at ZOO magazine, level 12, 54 Park St, Sydney, NSW 2000. The Promoter is Bauer Media Group, (ABN 18 053 273 546). Authorised under permit numbers NSW Permit No. LTPM/14/01368, ACT Permit No. TP14/04447.

## GUESS WHO?

**This famous English actor, who was knighted in 2002, was born Krishna Pandit Bhanji**

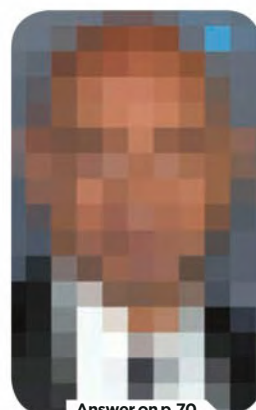
Answer the questions below, then take the first letter of each word of the answer and place them in the appropriately numbered squares in the grid

|   |   |   |
|---|---|---|
| 1 | 2 | 3 |
|---|---|---|

|   |   |   |   |   |   |    |    |
|---|---|---|---|---|---|----|----|
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|---|---|---|---|---|---|----|----|

- i) Unhinged American actor who has been in almost every movie made, but most notably *Point Break*, *Under Siege* and *Lethal Weapon* (7,1)
- ii) Decent US horror from 2013 that starred former *Home and Away* hottie Sharni Vinson (11,6)
- iii) Alexander Skarsgård played this big, blond

- vampire in *True Blood* (10,3)
- iv) Pommy actor most famous for his role as Russell "Stringer" Bell in *The Wire* (5,2)
- v) Hughesy's radio co-host on the KIIS Network (4,9)
- vi) Colombian singer who is "lucky that her breasts are small and humble, so you don't confuse them with mountains" (8)

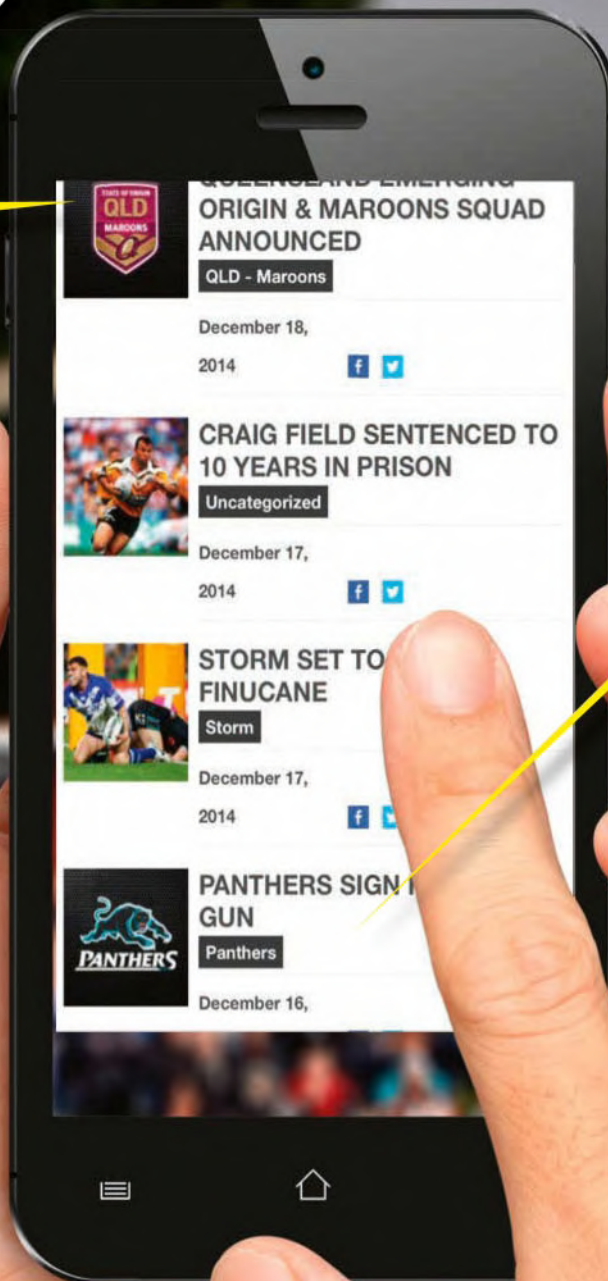


Answer on p.70



# Rugby LeagueWeek.com.au

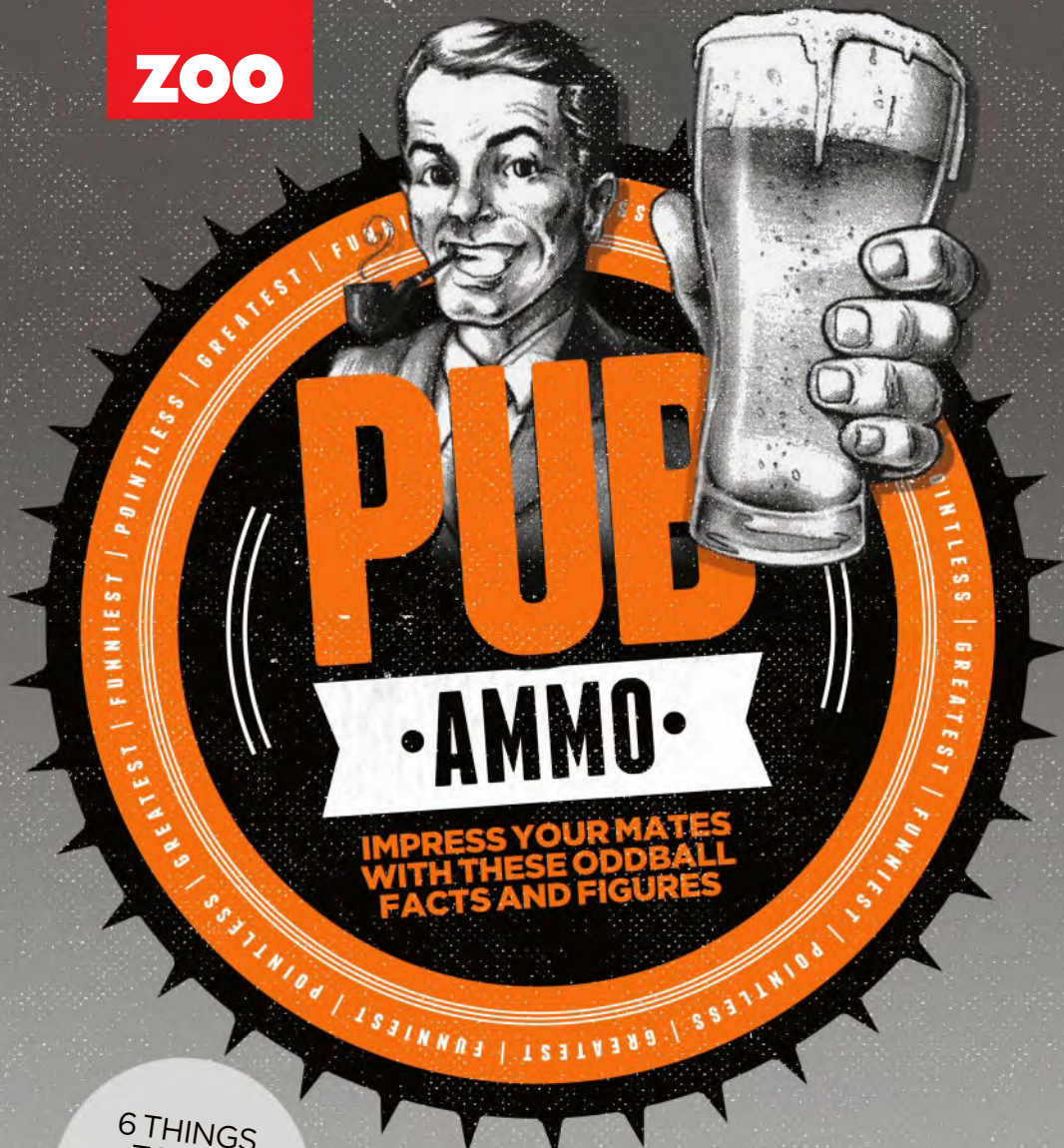
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6 THINGS  
TO SAY  
DOWN  
THE PUB  
ABOUT...



## EVIL A.I.

**After a robot killed a 22-year-old German factory worker, we look at who's protecting us from A.I.**

**1** You might think PayPal, Tesla and SpaceX founder Elon Musk would be gung-ho about A.I. — but the latter says it represents mankind's biggest threat. "We're summoning the demon," he said. "You know those stories where there's the guy with the pentagram and the holy water and... he's sure he can control the demon? Doesn't work out"

**2** His fears are that an explosion in intelligence would sideline humans, who'd be out-thought by their creations

**3** And that's in the longer term — firms like Google are close to automating large sections of the economy, which will lead to widespread unemployment, at least for people not lucky enough to have a job at Google

**4** Enter Musk, who's funding 37 projects via the US Future of Life Institute, a group tackling existential threats to humans, including A.I.

**5** Areas of research include dealing with massive unemployment caused by robots, making sure we don't lose control of A.I.-enabled weapons, and having A.I. that thinks like humans, not a sociopathic machine

**6** Google had to set up an ethics board when it bought DeepMind software company, which enables computers to learn. DeepMind's Shane Legg said A.I. was the "number one risk for this century" adding, "Eventually, I think human extinction will probably occur and technology will likely play a part in this"

+ Weather forecasting services often overestimate the chances of rain, so that the public is happy when it turns out to be dry. The phenomenon is known in the industry as the "wet bias"

+ The second-generation iPad is as powerful as the 1985 Cray Supercomputer



+ Tupac Shakur auditioned for the part of Bubba in *Forrest Gump*

+ Frank Sinatra has an asteroid named after him — 7934 Sinatra

+ Saddam Hussein banned shorts in Iraq because the exposed flesh of a man's calf might "inflame the passions of women and lead to immoral behaviour"

+ Under the terms and conditions of iTunes, you're not allowed to use the product to develop, design, manufacture, or produce nuclear and biological weapons

+ In 1980, the first 1GB hard drive cost \$40,000 and weighed 226kg



+ Concrete is the second-most consumed substance on Earth after water





A total of 190 Spanish castellers formed a human tower called a "castell" during a performance in China

Who's up for a game of Human Jenga?

## 21ST CENTURY'S BEST CRICKETERS

|    |                     |                     |
|----|---------------------|---------------------|
| 1  | Sachin Tendulkar    | 23% of vote (India) |
| 2  | Kumar Sangakkara    | 14% (Sri Lanka)     |
| 3  | Adam Gilchrist      | 13% (Australia)     |
| 4  | Ricky Ponting       | 11% (Australia)     |
| 4  | Jacques Kallis      | 11% (South Africa)  |
| 6  | AB de Villiers      | 10% (South Africa)  |
| 7  | Shane Warne         | 9% (Australia)      |
| 8  | Glenn McGrath       | 5% (Australia)      |
| 9  | Muthiah Muralidaran | 3% (Sri Lanka)      |
| 10 | Dale Steyn          | 1% (South Africa)   |

Source: cricket.com.au (voted by fans)

✚ The release of *Halo 2* for PC was delayed because one of the developers inserted a picture of a man flashing his arse into the game

✚ Last year Red Bull paid \$13 million to settle a lawsuit for false advertising resulting from its slogan "Red Bull gives you wings"

✚ "Zaftig" is a Yiddish word, derived from German, meaning "slightly fat in an attractive way"



✚ F-15 fighter jets are so well made they can land with just one wing

✚ In 2006 scientists accidentally killed the world's oldest animal, a sea clam that'd lived for 507 years

✚ The exact location of the world's tallest tree, a 115-metre coast redwood called Hyperion, is kept secret. It's somewhere in northern California

✚ Cockroaches raised in space become quicker, stronger, faster and tougher than those raised on Earth



✚ The Godzilla monster was seen on the 2014 flick *Godzilla* for just eight minutes in total

# TOP 10

## MOST COMMON PHOBIAS

Source: Psychological Medicine



1 Insects/snakes/animals 4.7 per cent of population



2 Heights 4.5 per cent



3 Closed spaces 3.2 per cent



4 Flying 2.9 per cent



5 Being in or around water 2.4 per cent



5 Dentists 2.4 per cent



7 Injections/seeing blood 2.1 per cent



8 Storms/lightning 2 per cent



9 Crowds 1.6 per cent



10 Hospitals 1.4 per cent



# GET FACT!

**THIS WEEK: ANIMAL ATHLETES**



**19.65 seconds**

World record 100-metre time on a skateboard by a dog. Jumpy performed his feat in Los Angeles in 2013

**1000**

Kilos an African elephant can lift with its trunk alone

**100kmh**

Top speed of cheetah, the fastest land animal. They can only maintain that for around 20 seconds, however

**30 metres**

Distance covered by a scooter-riding sheepdog named Norman in just 21 seconds

**Five metres**

Distance a tiger is capable of leaping into the air

**200**

Number of times a flea can jump its own body length in a single bound, making it — in proportion to its size — the animal kingdom's long-jump champ

**Nine**

Days polar bears can swim for continuously, covering around 700km

**850**

Number of times by which a rhinoceros beetle can lift its bodyweight

**Forty**

Number of pooches competing at the annual Loews Coronado Bay Resort Surf Dog Competition in San Diego, California. Yep, it's a surfing contest for canines

**16kmh**

Running speed maintained by camels for over 18 hours



Start  
meeting  
girls for  
no-strings  
fun today!

# ZOO confessions!

The girls of ZOO Singles leave their inhibitions at the computer screen and reveal all about their raunchy online dating experiences...



## CARLY, 26

"I broke up with my long-term fella and realised I wanted something different: just fun... just sex! After signing up to ZOO Singles I had access to hundreds of guys minutes from where I live. At first I was quite shy, but after a few days I'd had amazing sex! With a new guy to please whenever I feel like it, I've never felt so satisfied!"



## DESIREE, 43

"I find men my age cannot keep up with my highly active sex drive, so I prefer the effort put in by a horny 20-something. One guy wanted me so badly he would contact me in the middle of the night to meet up! It turned me on so much knowing how badly he wanted sex. I guess there's a certain appeal to a woman with experience in the bedroom."



## TARA, 21

"I work nights in a hotel and my sex life suffers, so I signed up to ZOO Singles. I wanted one guy right away so I suggested he pay me a visit at work. I checked him into a room and after a few minutes I got a very sexy room service request. With customer service a priority, I put a 'Do Not Disturb' sign on the door, and then he began to rip off my clothes!"

**STACKS OF OZ'S  
HOTTEST GIRLS  
LOOKING FOR  
NO-STRINGS  
ACTION!**

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**“That  
which does  
not kill me  
makes me  
feel like a  
beer”**

– Friedrich Nietzsche

**IN THE ZOO**

I N T H E Z O O . C O M . A U